





### ENDOVASCULAR TREATMENT OF SFA

### WHAT TO DO IN CASE OF DISSECTION, HOW TO REENTER THE LUMEN, WHEN TO STENT, WHEN NOT TO?

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## ENDOVASCULAR TTT OF SFA NOWDAYS

- PTA first introduced in the 1960s' <sup>1,2</sup> ٠
- Challenge = passage of guidewire through CTOs •
- Clinical presentations are becoming worse and worse .
  - Iength
  - number of CTOs (up to 50% in daily practice)<sup>3</sup>
- These lesions are often underrepresented in clinical trials ٠
  - $\simeq$  30% of CTOs in most RCTs
- most revascularizations are performed with simply wires, catheters, balloons, and, if Reimbursement is becoming more restricted reentry devices are usually reserved for exceptionally difficult cases Subintima a vevices now available
  - CTOs with a strong calcium component and extensive lesions (>15 cm) are still a factor of failure
  - A crossing rate of 90% is only encountered in expert centers
  - Long CTOs starting in the SFA and reconstituting in a distal tibial vessel may be the most challenging

3. Banerjee et al. Am J Cardiol 104: 447-449.

<sup>1.</sup> Dotter et al. Circulation 30: 654-670.

<sup>2.</sup> Gruntzig et al. Deutsc Med Wochenschr 99: 2502-2505.

<sup>4.</sup> Bolia et al. Clin Radiol. 1989;40:325.

## WHAT TO DO IN CASE OF DISSECTION





1. Reekers et al. Eur J Vasc Surg 1994;8:723-8

2. Reekers et al. Eur J Radiol 1998;28:192-8

## WHAT TO DO IN CASE OF DISSECTION

#### Microchannel Technique

majority of CTOs have intraluminal microchannels from 100µm500µm



proximal fibrous cap is first centrally penetrated to 1mm–2mm with very stiff guidewire and support catheter

careful injection of undiluted contrast (1mL) immediately distal to proximal cap of CTO identifies and enlarges microchannels creating a pathway between proximal and distal true lumens

#### Sliding Technique



Guidewire with polymer + hydrophilic coating





± support catheter or OTW balloon

Guidewire alone

#### Drilling Technique



Stiff hydrophobic guidewire / non tappered



#### Penetration Technique



Alternative to the drilling technique

Severly calcified lesions/resisting CTOs

Super-stiff guidewire / tappered

#### Parallel wire technique



First wire enters false lumen, it is left in place

Second wire (typically stiffer and tapered with different tip bend) is passed parallel to the first wire into the true lumen

## WHAT TO DO IN CASE OF DISSECTION



1/ Antegrade approach

Guidewire loops over CTO Loop wire technique (Knuckle technique) Standard floppy guidewire





### + support catheter or OTW balloon

- Helps for loop creation and control of its length and shape during the recanalization process
- Helps « Un »looping the guidewire at the end to use its angulation in order to re-entre into the true lumen
- Helps verify the true lumen re-entry with contrast medium injection
- Helps exchange guidewires if necessary

- · Gradually choosing stiffer guidewires with higher tip loads
  - Start with 0.035 hydrophilic, angled Glidewire (*Terumo Interventional Systems, Inc., Somerset, NJ*)
    - supported by a 0.035-inch support catheter
  - Change for stiff 0.035 guidewire for more support
    - Or Terumo Advantage
  - Change for 0.018 or 0.014 if necessary

1/ Antegrade approach

Guidewire loops over CTO Loop wire technique (Knuckle technique) Standard floppy guidewire



### Perforation

### • 5-8% of the cases 1,2

- Wire is seen under fluoroscopy as traveling outside the normal course of the arterial anatomy
  - Tip of the wire curls abnormally as it enters the soft tissue planes
  - Angiography may reveal extravasation of contrast material
- DO NOT PANIC

- Wire should be withdrawn
  - and an attempt made to find a newsubintimal plane to cross the lesion
- Isolated wire perforations usually seal with conservative management
- Worse case scenario
  - Stop the procedure and resume a few weeks later
  - Use a Stent graft if you manage to re-enter

1. Hayes et al. J Endovasc Ther 2002;9:422-7 2. Nasim et al. Eur J Vasc Endovasc Surg 1996;12:246-9. Picture from the Rutherford 8th Ed



### 2/ Retrograde approach

First series by Spinosa et al. JVIR 2005

- High risk to damage distal target vessel by continuing antegrade approach
  - while it might be the only landing zone for bypass
- Inability to re-enter into the true lumen
- Rupture or loss of the antegrade vessel pathway
- Inability to correctly identify the origin of peroneal of tibial artery

Consider a retrograde approach rapidely after the first re-entry failures rather than engaging in prolonged attempts

These procedures are time and energy consuming fur the patient and the team!!



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### Optimal installation is key

Sterile preparation of both groins + entire leg



## *Ultrasound guided puncture* (*ATA*+++)

- Identify target artery in longitudinal view
- Puncture at 45° in transversal view
- Verify intraluminal positionning of guidewire in longitudinal view







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### Fluoroscopy guided puncture

- Simple scopy if calcified
  - If not proximal injection + road-mapping

#### Parallax adjustment +++

#### R. Ferraresi, CACVS 2014

Artery	Preferred oblique view	Preferred segment	Skin puncture site	Needle length
Anterior tibial	Omolateral 20-40*	Every segment	Antero-lateral aspect of the leg	4-7 cm
Posterior tibial	Lateral	Distal, retromalleolar segment, proximal plantar arteries	Medial aspect of the ankle	4-7 cm
Peroneal	Omolateral 20-40*	Every segment	Antero-lateral aspect of the leg; the needle crosses the interosseus membrane	7 cm
Dorsalis pedis	Antero-posterior	Every segment	Dorsum of the foot	4 cm
Foot arteries	Antero-posterior	<ul> <li>First metatarsal artery</li> <li>Tarsal arteries</li> <li>Collaterals</li> </ul>	Dorsum of the foot Plantar access is not practical because of skin thickness	4 cm







### Optimal installation is key

Sterile preparation of both groins + entire leg



### 2/ Retrograde approach

- Through the distal tract of the ATA
  - · usually the easiest
- Through the proximal tract of the peroneal artery
  - · right between the bones
  - not possible to perform manual compression
  - $\rightarrow$  rare risk of compartment syndrome
- Through the PTA
  - · more difficult, especially around the malleolar area



### Which artery?

2017 A systematic review of results with the retrograde tibial approach

#### Olaf J. Bakker

Vascular Surgeon UMC Utrecht, The Netherlands



Punctured artery	No.	/	Tibial artery	1.412
			Anterior tibial	350 (25%)
Popliteal	675 (32%)		Posterior tibial	458 (32%)
Tibial artery	1.412 (68%)		Peroneal	42 (3%)
Other	269 (11%)		Dorsalis pedis	130 (9%)
(SFA, metatarsal etc.)	200 (22/0)		Not specified	432 (31%)

### Results

	Popliteal	Tibial	Overall
Access	136/139 (98%)	246/263 (94%)	95%
Lesion crossing	115/136 (85%)	222/250 (89%)	87%
Complications	6/139 (4,3%)	13/263 (4,9%)	4,7%

### 2/ Retrograde approach

### **Dedicated material**

- 16-G needle or 21-G micropuncture kit
- Antispasm Cocktail
- Wires
- 0.018" guidewires / 0.014" guidewires
- Wire excalation strategy (stiffer wire)
- Support catheters or OTW balloon catheters

#### 500 mL heparinized normal saline

3,000 µg nitroglycerin

2.5–5 mg verapamil

### Sheathless +++

- → Guidewire and catheter inserted directly through the skin
- $\rightarrow$  Procedure resumed by antegrade way





### **3-4F microsheath**

 $\rightarrow$  Only when you need to use a balloon





### 2/ Retrograde approach



J Endovasc Ther. 2017 Jun;24(3):367-375. doi: 10.1177/1526602817698634. Epub 2017 Mar 20.

Angiographic Dissection Patterns and Patency Outcomes After Balloon Angioplasty for Superficial Femoral Artery Disease.

Fujihara M<sup>1,2</sup>, Takahara M<sup>3</sup>, Sasaki S<sup>4</sup>, Nanto K<sup>5</sup>, Utsunomiya M<sup>6</sup>, Iida O<sup>5</sup>, Yokoi Y<sup>1</sup>.



**Figure 1.** Flowchart of the study. PAD, peripheral artery disease; SFA, superficial femoral artery; TLR, target lesion revascularization.

**Definition of Vessel Dissection** 



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- SO YES to the « no metallic implant left behind »
  - But only in lesions <10-15 cm</li>
  - AND NOT in CTOs
    - Which are long and calcified lesions
    - Often present with Flow-limiting dissection
      - A Dissection can't heal by itself when the blood-fluid pressure between the two sides of the dissection is >10mmHg
    - And residual stenosis/recoil >50%

### it's difficult to keep them open for a long time without scaffolding

- At least in the proximal or distal portion
- and sometimes we need a full-length stent





## CLINICAL CASE : 3 58 YEARS OLD

- <u>CV risk factors :</u> Active Smoking, DM
- History :
  - 2008 : CLI right limb over occlusion of right SFA
    - Recnalaization failure of SFA by anterograde & retrograde approach
    - Numerous collaterals coming from th profunda

→ Medical therapy

- Obese, COPD, CKD-EPI : CI 36 mL/min
- Alcoholic cirrhosis
  - waiting for a second liver transplant for ischemic cholangitis
- CAD with myocardiopathy (stents x 2), ablation of atrial fibrillation in 2016

### Clinical Evaluation :

- Severe claudication of right limb (<100m)</li>
  - Strandness : 70m right calf pain
- No popliteal or distal pulses
- ABI : 0.25 right / 0.83 left

СТА

FRONT





BACK







# **ANTEGRADE APPROACH FIRST**

No SFA Stump → PC puncture of left CFA + CROSS OVER

- Short 6F sheath
- Glide Terumo guidewire 0.035" x 180 cm
- UF catheter

- Stiff Terumo guidewire 0.035" x 180 cm
- Long 6F sheath pushed inside the right CFA





## **ANGIOGRAM**



## **ANTEGRADE APPROACH FIRST**

- Glide Terumo guidewire 0.035" x 180 cm
- Trailblazer 0.035"
- Stiff Terumo guidewire 0.035" x 180 cm
- Trailblazer 0.035"
- Stiff Terumo guidewire 0.035" x 180 cm
- Seeker 0.035"





### **RETROGRADE PUNCTURE OF THE POPLITEAL ARTERY IN A SUPINE POSITION**

16-Gauge Needle x 83 mm











### **PROCEDURE RESUMED BY ANTEGRADE WAY**



### **LENGTH TROUBLE = GUIDEWIRE EXCHANGE**



Glide Terumo GW 0.035" x 260mm



## « TELEPHERIQUE » TECHNIQUE

POBA 5 x 100mm







### **GUIDEWIRE PUSHED THROUGH THE POPLITEAL ARTERY**

Prolonged inflation over retrograde puncture site for hemostasis





## ANGIOGRAM





- Long Stenting from distal to proximal part of the dissection :
  - SmartFlex<sup>®</sup> (Cordis) 6 x 150mm
  - SmartFlex<sup>®</sup> (Cordis) 6 x100mm
  - Tigris<sup>®</sup> (Gore) 7 x 60mm
- Post-dilation by 5 x 100mm balloon

## **FINAL ANGIOGRAM**



Percutanous closure device : FémoSeal<sup>®</sup>







## **TAKE HOME MESSAGE**

• Endovascular treatment of the SFA is almost always successful in the acute phase

	BUT experie	"PATIENCE AND	g CTOs
	• it is ve cathe	PERSEVERANCE HAVE A	ll of the guidewires and
	• you sl	MAGICAL EFFECT	hand
	Subintimal a	<b>BEFORE WHICH</b>	n result in a good
	first-line app	DIFFICULTIES	ons
• An	Antegrade-Retro	DISAPPEAR AND	e success rates
	5 (	OBSTACLES VANISH."	
•	Stenting is almost	John Quincy Adam aiways necessary in recanalized Q	s .1Os

• At least in part



