

PHLEBOLOGY AND DERMATOLOGY Competitive or complementary?

JANUARY 25-27 2018

MARRIOTT RIVE GAUCHE & COMPERENCE CENTER

NTROVERSIES & UPDATES

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Disclosure

Speaker name:

- ► Inga Vanhandenhove
- □ I have the following potential conflicts of interest to report:
- Consulting
- Employment in industry
- Shareholder in a healthcare company
- Owner of a healthcare company
- □ Other(s)

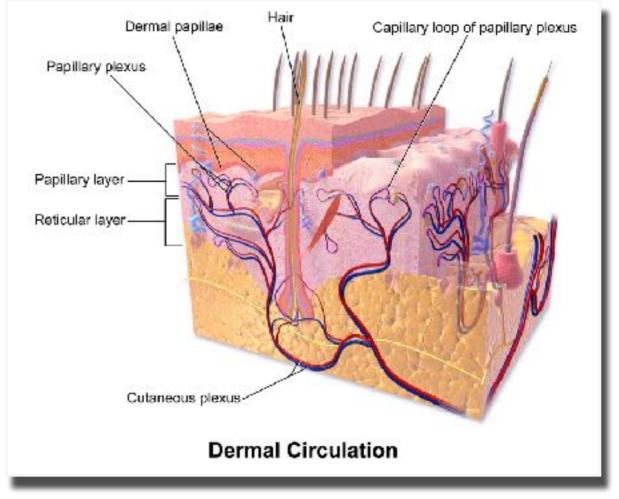
I do not have any potential conflict of interest

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PHLEBOLOGY

- ► Spider and reticular veins
- ► Papillar and reticular dermis
- ► Upper reticular dermis



Epithelial layer: majority of skin cancers







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MELANOMA – VERRUCA SEBORRHOICA





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MELANOMA ABCDE





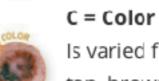
- Bordor

A = Asymmetry

One half is unlike the other half.

B = Border

An irregular, scalloped or poorly defined border.

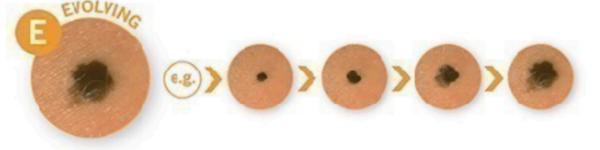


Is varied from one area to another; has shades of tan, brown or black, or is sometimes white, red, or blue.

D = Diameter

of

Melanomas are usually greater than 6mm (the size of a pencil eraser) when diagnosed, but they can be smaller.



E = Evolving

A mole or skin lesion that looks different from the rest or is changing in size, shape or color.

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STASIS DERMATITIS

- ► Lower legs, uni- or bilateral
- ► gravitational dermatitis, venous eczema
- Swelling around the ankle is often the first sign of stasis dermatitis
- discolored skin and varicose veins







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STASIS DERMATITIS

► Left untreated,



Area feels hard

Lower part of the calf looks like an **upside-down wine bottle** Skin becomes deeply **pigmented**

Redness and scale cover the area, including the top of the foot Intensely **itchy** skin

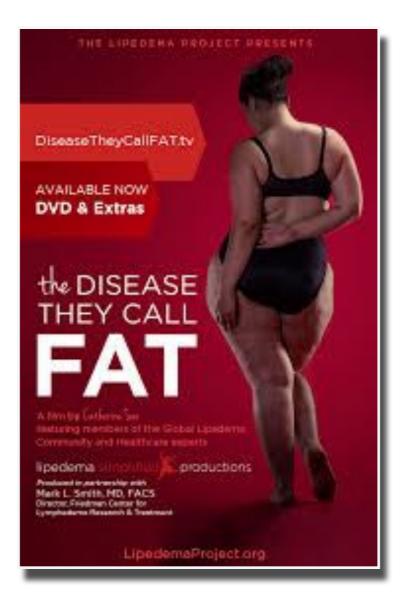
- Contact Dermatitis
- ► Cellulitis

STASIS DERMATITIS

- ► Rare before 40 years of age , rather > 50
- ► women > men
- Venous insufficiency / postthrombotic
- ► AHT
- Congestive heart failure
- ► Kidney failure
- ► Overweight
- ► Inactivity



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DIAGNOSTIC ERRORS



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DIAGNOSTIC ERRORS

- > 72-year-old Hispanic woman, admitted to the hospital three times over the past 2 months for recurrent bilateral lower-extremity cellulitis.
- She now presents to the emergency department complaining of worsening bilateral lower-extremity swelling with redness, burning, and itching of 5 days' duration.
- afebrile but complains of pain and throbbing, especially when standing.
- During each of her three previous inpatient stays, her skin improved with intravenous antibiotics (one course of cephalosporin, one course of vancomycin) and topical emollient application; however, she reports that her symptoms always worsen within days of discharge.

DIAGNOSTIC ERRORS

- afebrile, morbidly obese woman with bilateral pitting oedema below the knees
- elevated erythrocyte sedimentation rate and C-reactive protein level, elevated fasting glucose and HbA_{ic} levels consistent with history of diabetes mellitus
- ► Varicose veins
- ► Diffuse erythema
- lichenification and scaling, excoriations
- Rust-coloured dyschromia
- ► Atrophie blanche





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- ► Red flags!

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- Cellulitis is rarely bilateral and should be associated with additional signs (fever, chills, malaise, warmth, and severe tenderness on palpation, lymphangitic streaking) and laboratory abnormalities (leukocytosis)

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- ► Red flags!
- Cellulitis is rarely bilateral and should be associated with additional signs (fever, chills, malaise, warmth, and severe tenderness on palpation, lymphangitic streaking) and laboratory abnormalities (leukocytosis)
- Her history of venous insufficiency with chronic varicosities is highly suggestive of stasis dermatitis nodosum



VENOUS VS FUNGAL

secondary fungal infection? : do scraping or refer



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MARTORELL ULCER



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MARTORELL ULCER = HYPERTENSION

- ► Very painful
- Anterolateral lower leg, just above the ankle
- Over the Achilles tendon
- Solitary or symmetrical
- ► Red-purple inflamed ulcer edge
- ► Irregular shape
- Deep, exposing underlying tendons
- ► Failure to respond to usual treatments for leg ulcers.



SKIN CANCER

- Abnormal growth of skin cells
- ► Areas of skin exposed to sun
- ► Affects people of all colours and races
- Higher risk with fair skin and easy sunburn

- ► Sun related
- In doubt of lesion: biopsy





BASAL CELL CARCINOMA BCC

Most common type of skin cancer



- ► Frequent in people with fair skin, but not exclusively
- Flesh-colored, pearl-like bump or a pinkish patch of skin
- ► after years of frequent sun exposure or indoor tanning
- common on the head, neck, and arms
- can invade the surrounding tissue and grow into the nerves and bones, causing damage and disfigurement
- ► Early diagnosis and treatment!



SQUAMOUS CELL CARCINOMA SCC



SCC is the second most common type of skin cancer

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- light skin most likely, but can develop in darker-skinned people.
- red firm bump, scaly patch, or a sore that heals and then re-opens
- Skin that gets frequent sun exposure, such as the rim of the ear, face, neck, arms, chest, and back
- can grow deep in the skin and cause damage and disfigurement.
- Early diagnosis and treatment can prevent SCC from spreading to other areas of the body.
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- ► Sun related
- In doubt of lesion: biopsy
- ► squamous cel carcinoma has **ulceration**
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- rare finding , but SCC arising in the context of a VLU has a particularly aggressive behaviour

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- but: long-standing venous ulceration can have a malignant degeneration to a squamous cell Ca
- rare finding , but SCC arising in the context of a VLU has a particularly aggressive behaviour.

► when long standing ulceration: **biopsy and radical R**/

BIOPSY

Arch Dermatol. 2012 Jun;148(6):704-8. doi: 10.1001/archdermatol.2011.3362.

Malignancy and chronic leg ulcers: the value of systematic wound biopsies: a prospective, multicenter, cross-sectional study.

Senet P1, Combemale P, Debure C, Baudot N, Machet L, Aout M, Vicaut E, Lok C; Angio-Dermatology Group Of The French Society Of Dermatology.



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CONCLUSIONS: The combined primary ulcerated cancer or malignant transformation frequency was sufficiently high in CLUs referred to tertiary care centers to consider systematic biopsy of a wound refractory to 3 months or more of appropriate treatment.



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?VENOUS?



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Figure 4. Ulcerated squamous cell carcinoma on leg, treated as a chronic venous leg ulcer.

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Figure 1. Marjolin's ulcer: transformation of a long lasting chronic leg ulcer in squamous cell carcinoma. Abnormal excessive granulation tissue at the wound edges, with induration.

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Figure 5. Ulcerated Kaposi sarcoma on the leg of an immunosuppressed patient (renal transplantation). Note the leg lymphedema related to the extension of the Kaposi sarcoma.

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PSEUDO-KAPOSI SARCOMA

► Acroangiodermatitis



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PSEUDO-KAPOSI SARCOMA OR ?







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- lesions of calciphylaxis that occurred on the lower extremity of a patient undergoing dialysis
- lesions developed in areas of livedo reticularis and followed the path of the vasculature.





CALCIPHYLAXIS CUTIS

- Calciphylaxis is a poorly understood and highly morbid syndrome of vascular calcification and skin necrosis
- uncommon condition that affects 1-4% of the population with ESRD
- ► female/male 3/1, 6m-83y
- > pathogenesis includes chronic renal failure, obesity, diabetes mellitus, hypercalcemia, hyperphosphatemia, an elevated calcium-phosphate product, secondary hyperparathyroidism, and perhaps a variety of hypercoagulable states.



CALCIPHYLAXIS CUTIS

- ► Mortality rate 60-80% if ulcerative disease
- Sepsis organ failure amputation of limb
- ► Lesions typically develop suddenly and progress rapidly.
- ► Singular or numerous, generally on the lower extremities
- ► May develop on the hands and torso.
- ► Intense pain is a constant finding

HYPERPIGMENTATION

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MINOCYCLINE

- Bluish hyperpigmentation is a well-documented side effect of long-term treatment with minocycline
- most often seen during chronic treatment for acne and rosacea
- has also been noted in up to 41% of patients with rheumatoid arthritis who take minocycline for its antiinflammatory effects
- may also involve sclera, teeth, and nails.

MALIGNALITALOPTEREOSIS SPOTS

A rare disease which causes the victim to break out in spots, followed by hot and cold flashes, then violent sneezing.





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- A rare disease which causes the victim to break out in spots, followed by hot and cold flashes, then violent sneezing.
- "The Sword in the Stone"





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MALIGNALITALOPTEREOSIS SPOTS

- A rare disease which causes the victim to break out in spots, followed by hot and cold flashes, then violent sneezing.
- "The Sword in the Stone"
- During the wizard's duel, Merlin had transformed himself into the germ that caused this disease and infected Madam Mim with it, causing her to become sick and lose the duel.



PHLEBOLOGY AND DERMATOLOGY : COMPLEMENTARY!

► Magic or common sense?



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