

# Traquer la FA ASYMTOMATIQUE

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Outils externes et implantables

Dr Walid AMARA

**Groupement Hospitalier de Territoire  
Grand Paris Nord-Est**

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## Disclosures

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- ◆ Consulting and Speaker's fees from BMS, Boehringer Ingelheim, Biotronik, Medtronic, Boston Scientific, Microport.

## Authors/Task Force Members:

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<sup>1</sup> Representing the European Stroke Organisation (ESO).

<sup>2</sup> Representing the European Association for Cardio-Thoracic Surgery (EACTS).

# Other clinical concepts relevant to atrial fibrillation (1)

Clinical concept	Definition
Clinical AF	Symptomatic or asymptomatic AF that is clearly documented by an ECG (12-lead ECG or other ECG devices). The minimum duration to establish the diagnosis of clinical AF for ambulatory ECG is not clear and depends on the clinical context. Periods of 30 s or more may indicate clinical concern, and trigger further monitoring or risk stratification for thromboembolism.
Device-detected subclinical AF	Device-detected subclinical AF refers to asymptomatic episodes of AF detected on continuous monitoring devices. These devices include implanted cardiac electronic devices, for which most atrial high-rate episodes may be AF, as well as consumer-based wearable monitors. Confirmation is needed by a competent professional reviewing intracardiac electrograms or an ECG-recorded rhythm. Device-detected subclinical AF is a predictor of future clinical AF.
AF burden	The overall time spent in AF during a clearly specified and reported period of monitoring, expressed as a percentage of time.

# Prendre la pouls de votre grand-mère



Patient initiated (or medical professional) oscillometric blood pressure cuff



Pulse palpitation, auscultation

## Performance of pulse palpation compared to one-lead ECG in atrial fibrillation screening

Katrin Kemp Gudmundsdottir MD<sup>1</sup> | Tove Fredriksson MD, PhD<sup>1</sup> |  
 Emma Svennberg MD, PhD<sup>1,2</sup> | Faris Al-Khalili MD, PhD<sup>1</sup> | Leif Friberg MD, PhD<sup>1</sup> |  
 Henrike Häbel PhD<sup>3</sup> | Viveka Frykman MD, PhD<sup>1</sup> | Johan Engdahl MD, PhD<sup>1</sup>

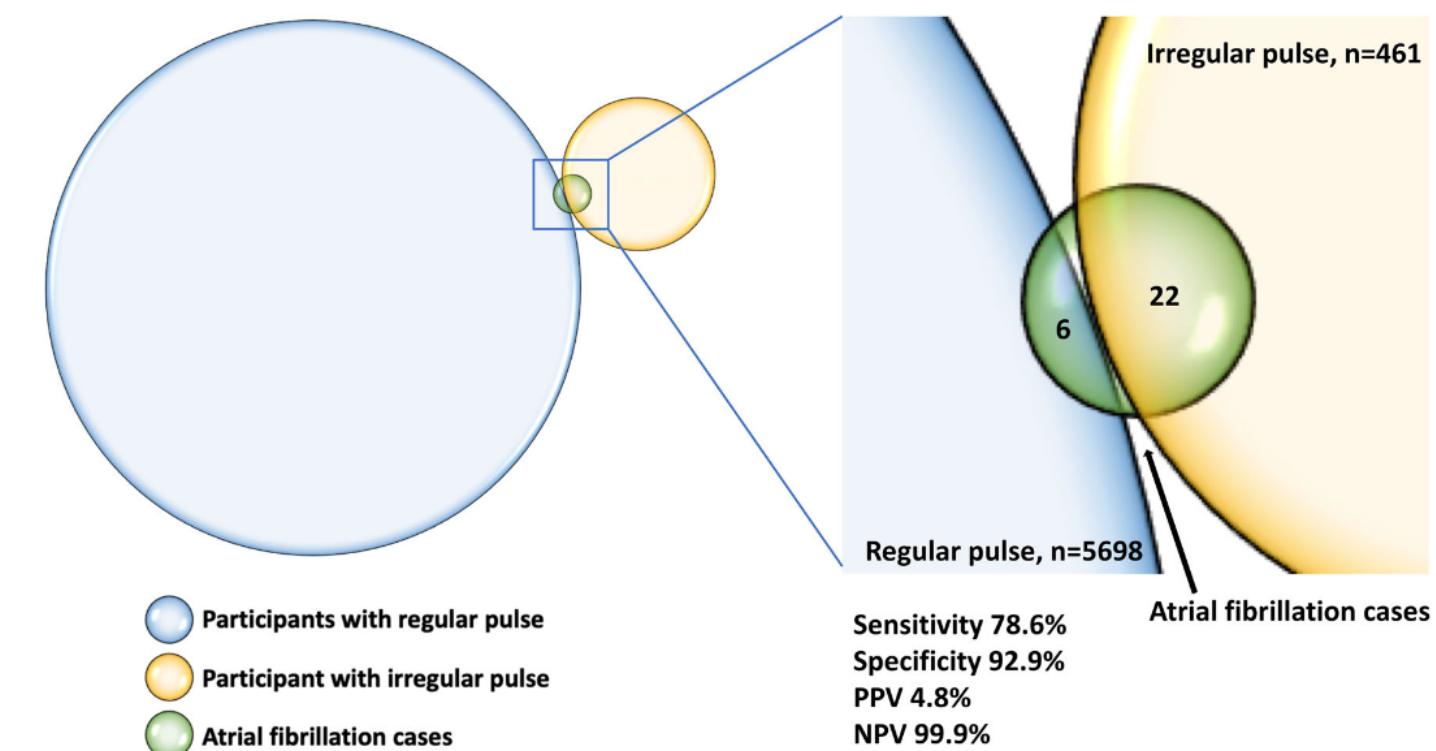
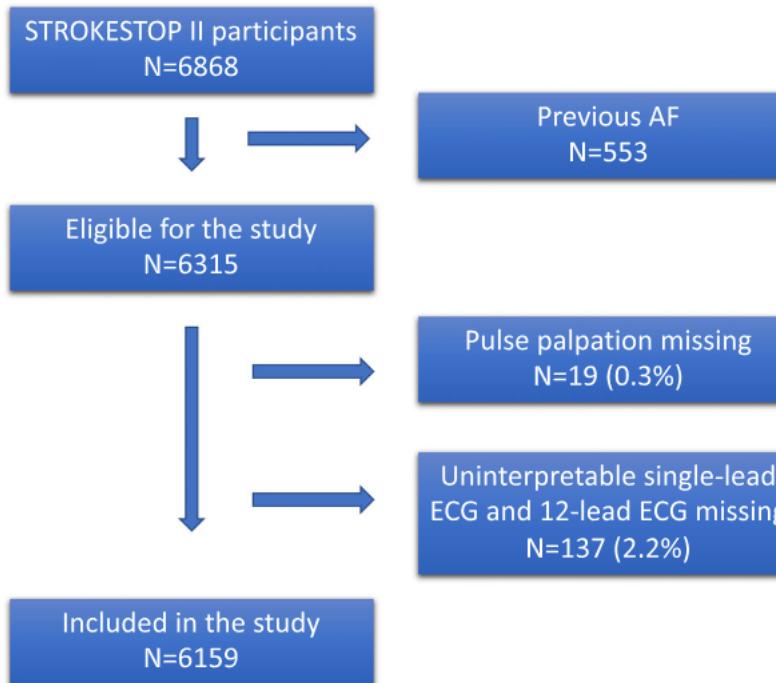


FIGURE 1 Study flow chart

# Photoplethysmographie



Patient initiated  
photoplethysmogram on  
smartphone



Semi-continuous  
photoplethysmogram on a  
smartwatch or wearable

# 2018 – FDA APPROVAL FOR AF DETECTION WITH THE APPLE WATCH ECG



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# Results of a Large-scale, App-based Study to Identify Atrial Fibrillation Using a Smartwatch: The Apple Heart Study



Mintu Turakhia MD MAS and Marco Perez MD  
*on behalf of the Apple Heart Study Investigators*

NCT # 03335800



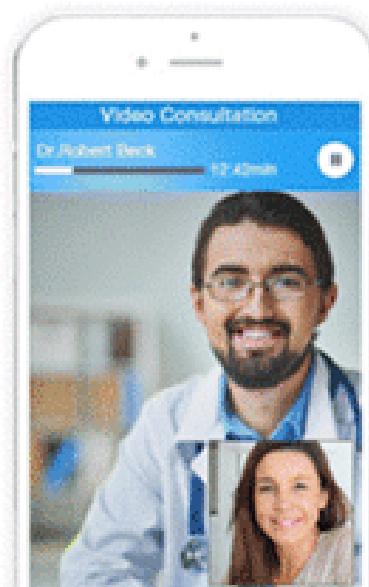
Recruitment  
29/Nov/2017 to  
31/Jul/2018



## Notification



## Virtual consultation



## ePatch



## AF



419.297  
participants  
 $\geq 65$  years →  
24.262

2.161 (0,52%)  
participants  
 $\geq 65$  years → 3,2%  
 $< 40$  years → 0,16%

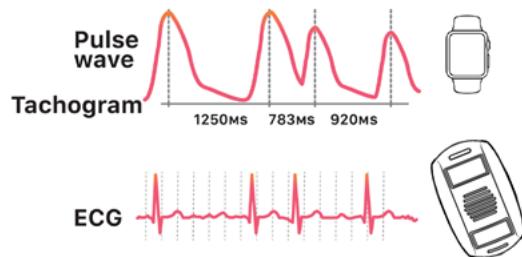
945 (44%)  
participants

658 (70%)  
participants  
received  
450/658 (68%)  
returned

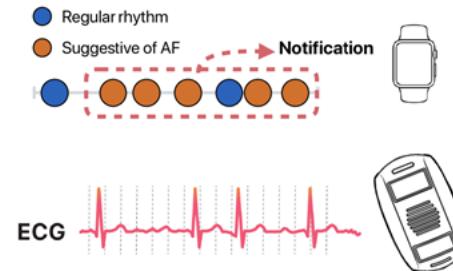
153/450 (34%)  
participants  
 $\geq 65$  years →  
35%

# Positive Predictive Values

## Irregular Tachograms



## Irregular Pulse Notifications



Afib on ECG Patch	Total Positive Tachograms	PPV* (97.5% CI)
1,489	2,089	0.71 (0.69–0.74)

Afib on ECG Patch	Total Positive Notifications	PPV (95% CI)
72	86	0.84 (0.76–0.92)

\* Decision rule for lower bound of CI  $\geq 0.7$  and upper bound  $\geq 0.75$  not met



# Detection of Atrial Fibrillation in a Large Population using Wearable Devices: the Fitbit Heart Study

Steven A. Lubitz, MD, MPH; Anthony Z. Faranesh, PhD; Caitlin Selvaggi, MS; Steven J. Atlas, MD, MPH; David D. McManus, MD, ScM; Daniel E. Singer, MD; Sherry Pagoto, PhD; Alexandros Pantelopoulos, PhD; Andrea S. Foulkes, PhD



**HARVARD**  
MEDICAL SCHOOL



MASSACHUSETTS  
GENERAL HOSPITAL

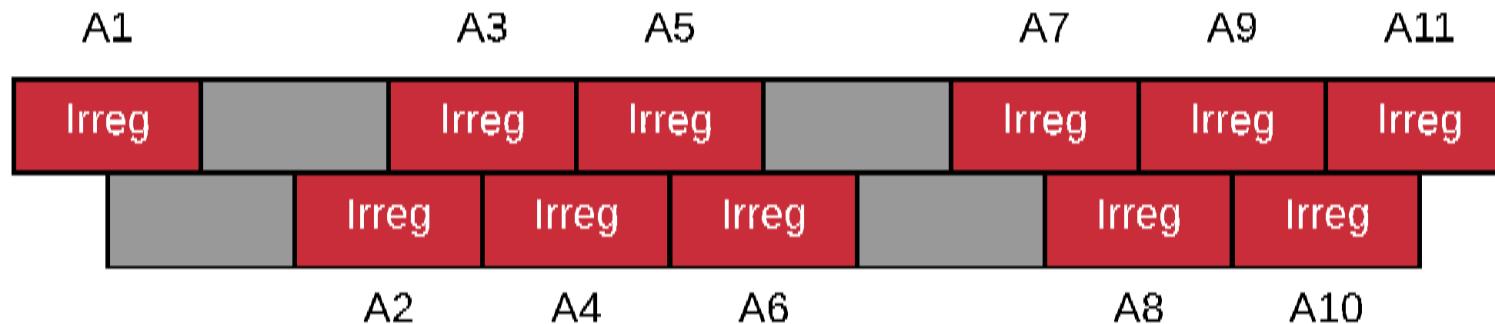
CORRIGAN MINEHAN  
HEART CENTER

# Novel irregular heart rhythm detection (IHRD) algorithm



MASSACHUSETTS  
GENERAL HOSPITAL

5 min



Continuous sampling

5-min tachograms, 50% overlap

11/11 irregular tachograms

≥ 30-minutes of irregular rhythm

Only analyzes if inactive

Resets with negative tachogram



Irregular tachogram

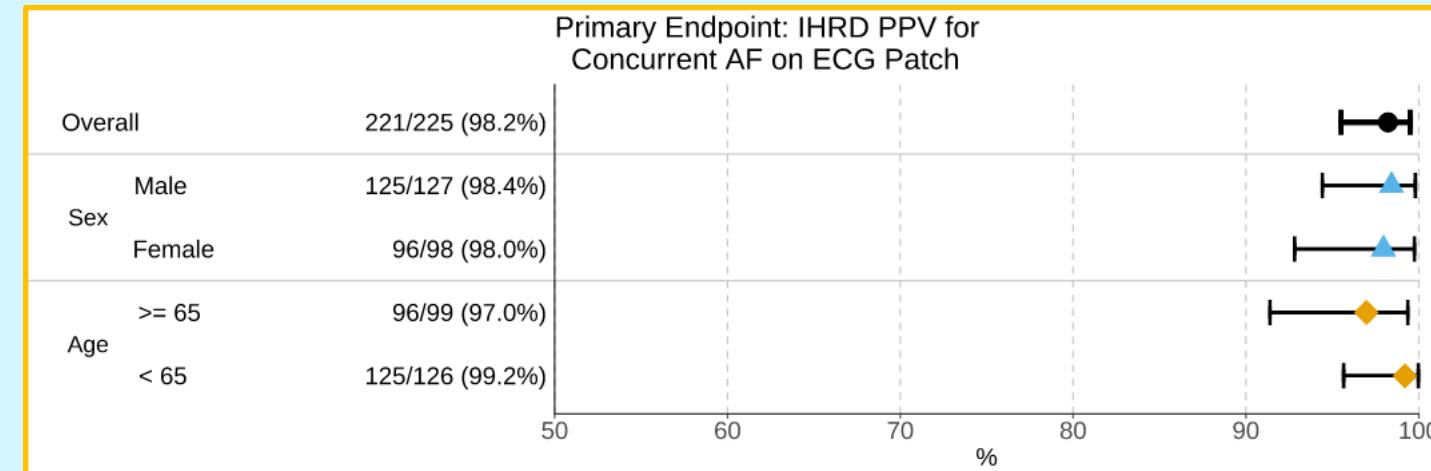
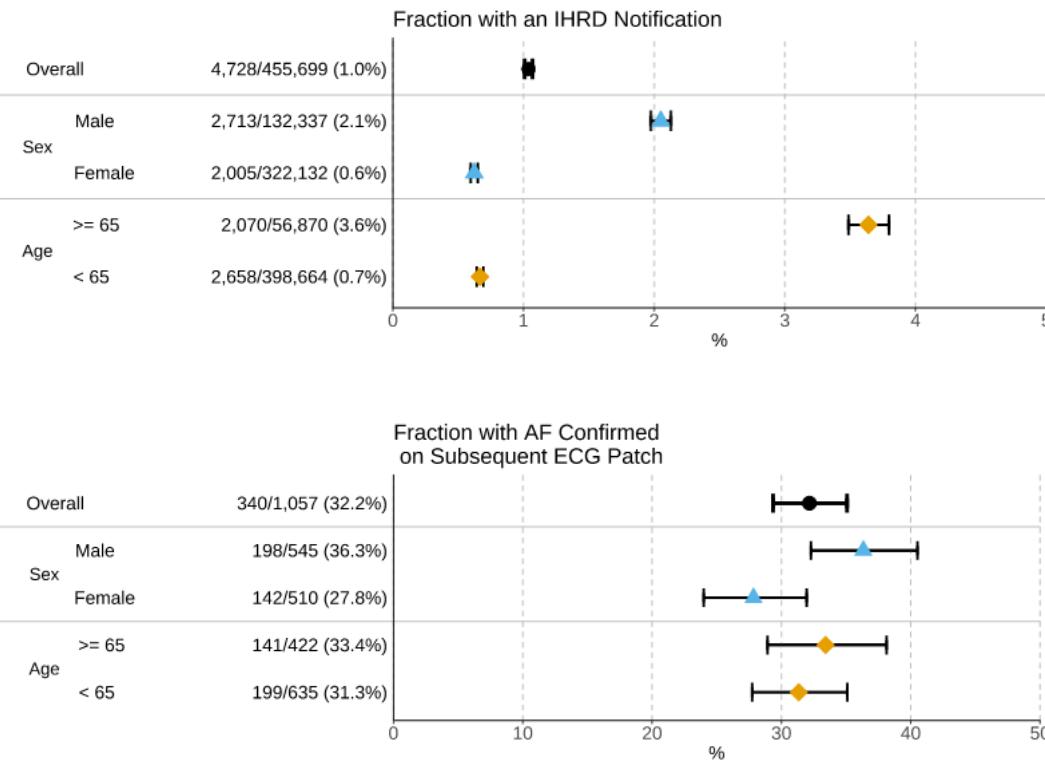


Unanalyzable tachogram

# Study results



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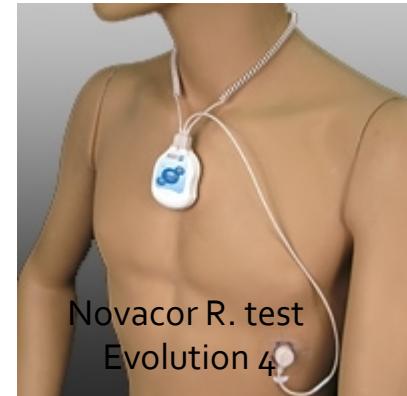
# Long term monitoring tools

- MCOT: Mobile Cardiac Outpatient Telemetry  
Cardionet



- External loop recorder

Sorin Spiderflash Afib

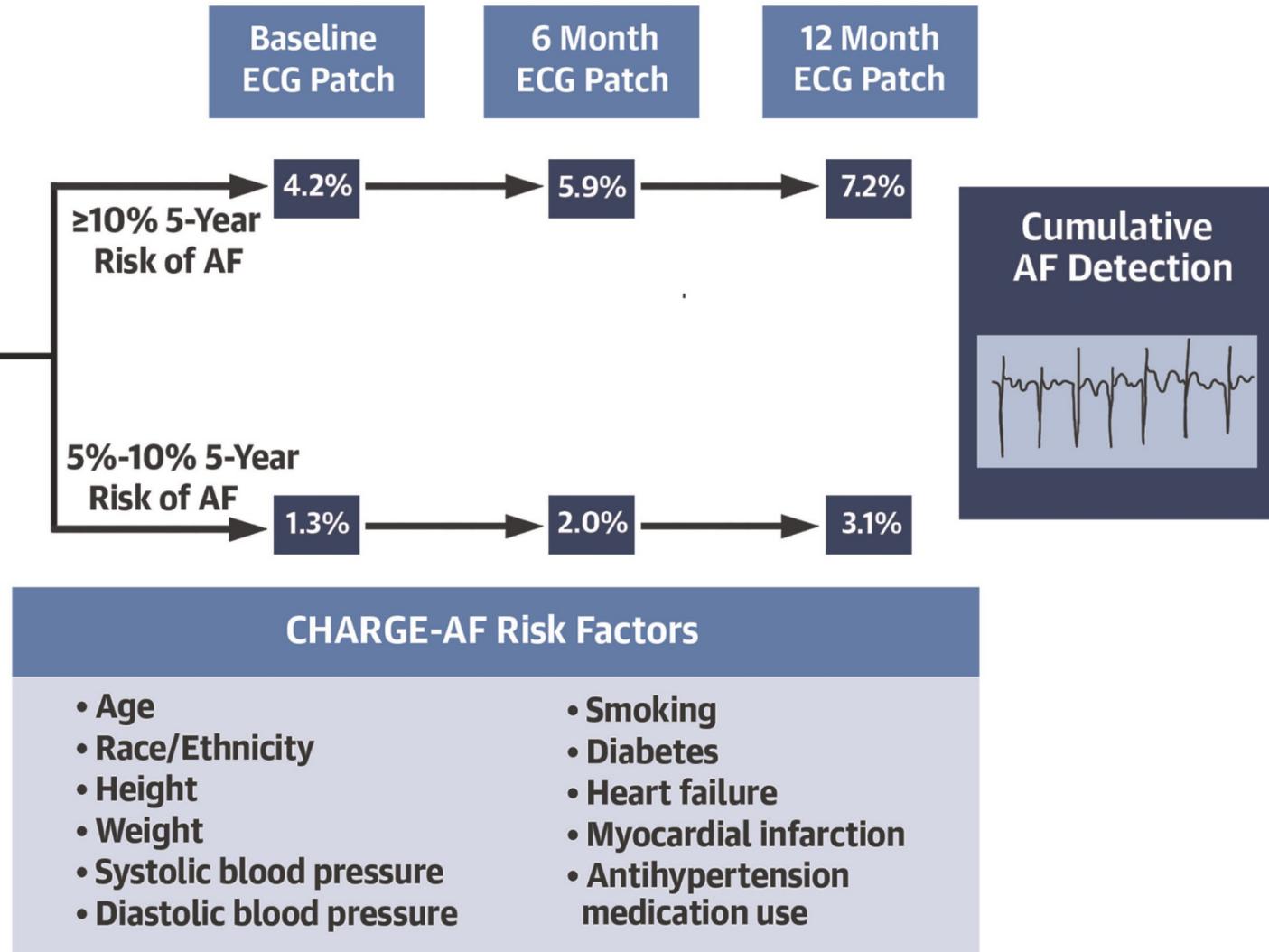
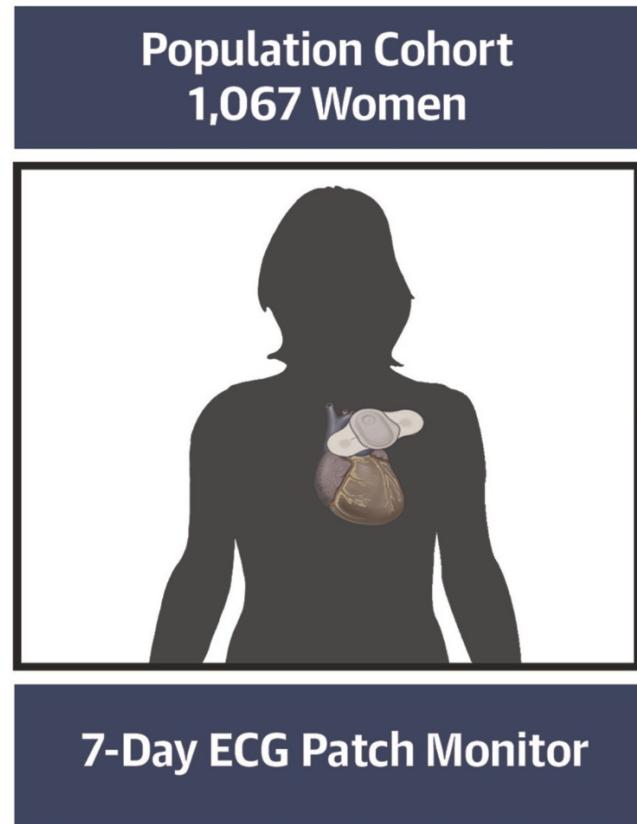


- Insertable cardiac monitor

Medtronic Reveal XT  
Ou LINO



# CENTRAL ILLUSTRATION: Atrial Fibrillation Detection by CHARGE-AF Score in the Women's Health Initiative



February 24, 2021

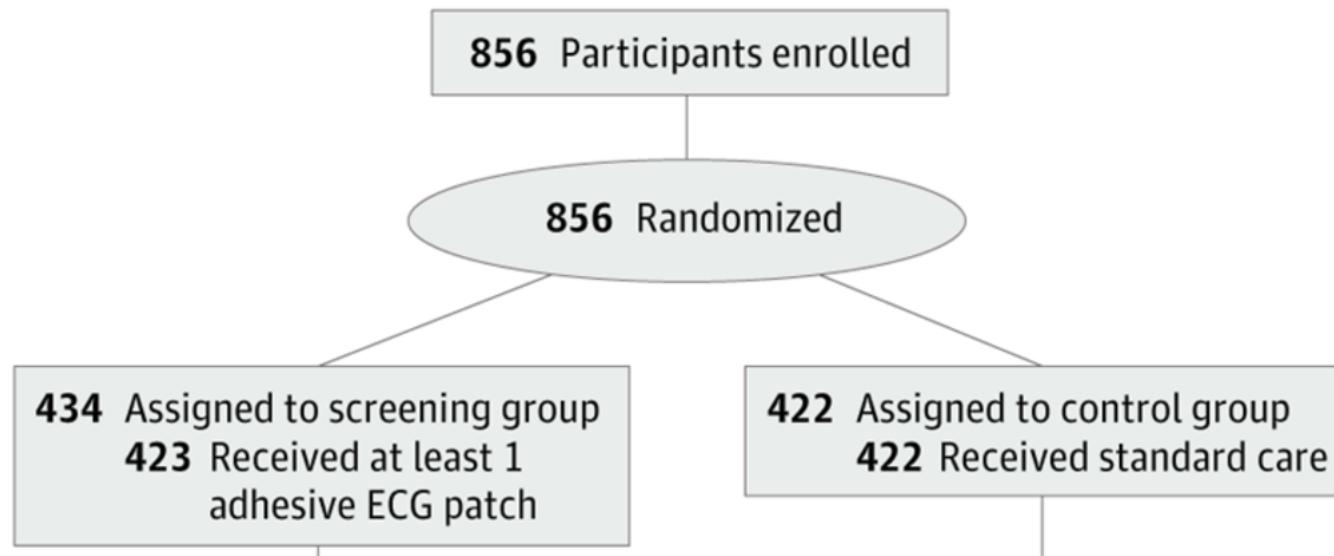
# Screening for Atrial Fibrillation in the Older Population

## A Randomized Clinical Trial

David J. Gladstone, MD, PhD<sup>1,2</sup>; Rolf Wachter, MD<sup>3,4,5</sup>; Katharina Schmalstieg-Bahr, MD<sup>6,7</sup>; et al

» Author Affiliations | Article Information

JAMA Cardiol. 2021;6(5):558-567. doi:10.1001/jamacardio.2021.0038



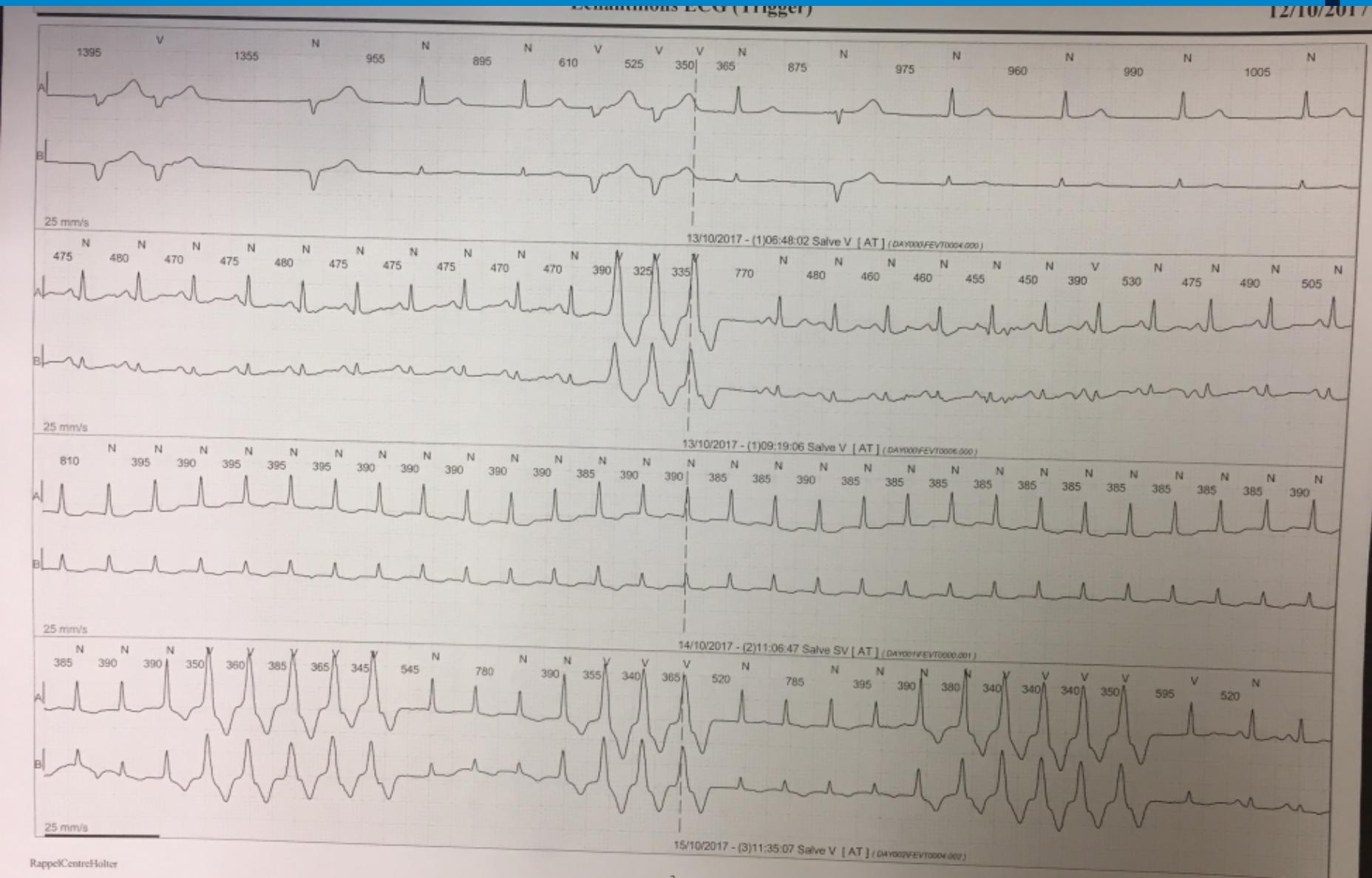
**Findings** In a randomized clinical trial of 856 participants aged 75 years or older with hypertension from outpatient primary care practices, new atrial fibrillation was detected in 5.3% of the screening group vs 0.5% of the control group. Median atrial fibrillation duration on continuous electrocardiographic monitoring was 6.3 hours, and anticoagulation was prescribed to 75.0% of the participants with screen-detected atrial fibrillation.

# EXTERNAL LOOP RECORDER

12/10/2017

- External loop recorder

Sorin Spiderflash Afib



# EVENT RECORDER

amazon.fr Prime

Toutes nos catégories ▾ alivecor kardia

black friday WEEK

Votre adresse de livraison: Neuilly-s... 92200 Parcourir les catégories ▾ Chez vous Black Friday Week Noël Chèques-cadeaux Vendre Aide Bonjour. Identifiez-vous Compte et listes ▾ Vos Comptes et listes

Amazon.fr Offres suivies Ventes Flash ▾ Outlet Meilleures ventes ▾ Offres reconditionnées Nos idées cadeaux Services Amazon Amazon Assistant Coupons

1 résultat pour "alivecor kardia"

Afficher les résultats pour

Sports et Loisirs Cardiofréquencemètres Voir les 3 boutiques

Affiner par

Option d'expédition (Qu'est-ce?)  ✓prime  Livraison gratuite



**ALIVECOR Kardia Mobile**  
de AliveCor

**138<sup>90</sup> €** ✓prime

Recevez votre article le **mercredi 22 novembre**  
Livraison gratuite possible (voir fiche produit).

Plus de choix d'achat  
**138,90 € neuf** (2 offres)

★★★★★ 18



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Commerce, Industrie et Science

Promotions Laboratoire Test &amp; Mesurage Sécurité Nettoyage Impression 3D Travail des métaux FAQ

## Liste de Naissance : 5€ offerts

 Payez par prélèvement bancaire Cliquez ici ▾Les clients ayant consulté **Le KardiaMobile 6L- Enregistreur ECG personnel et marqué CE pour iOS et...** ont également consulté

ALIVECOR Kardia Mobile

 68EUR 160,69 

4 utilisé et neuf from EUR 160,00



RLSOCO Étui pour ALIVECOR Kardia Mobile

 11

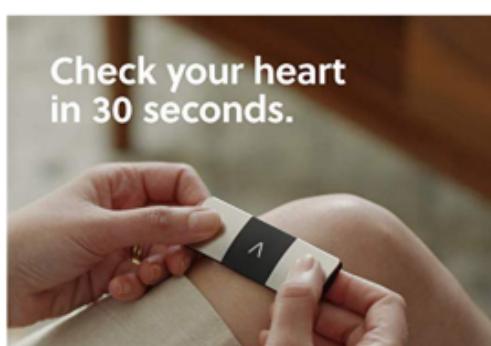
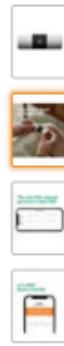
EUR 10,99

1 utilisé et neuf from EUR 10,99

EMAY Moniteur ECG Portable,  
Mobile Electrocardiographe, Mesure  
la fréquence Cardiaque, ECG et  
Les symptômes 20EUR 79,00 

1 utilisé et neuf from EUR 79,00

Commerce, Industrie et Science &gt; Fournitures médicales professionnelles &gt; Diagnostic et dépistage &gt; Électrocardiographes



Le KardiaMobile 6L- Enregistreur ECG personnel et marqué CE pour iOS et Android | ECG 6 dérivations sans fil | Déetecte la Fibrillation Atriale (FA) en 30 secondes

de [AliveCor](#) 728 évaluationsPrix : **199,00 €**

Tous les prix incluent la TVA.

- L'appareil ECG personnel le plus puissant: Un ECG 6 dérivations permettant d'augmenter largement la précision du suivi cardiaque. Un ECG à emporter : Prenez un ECG de qualité médicale n'importe où, n'importe quand.
- Reconnu par les médecins : marqué CE pour détecter spécifiquement la fibrillation auriculaire, la Bradycardie, la Tachycardie ou le rythme cardiaque normal en 30 secondes.

**199,00 €**

Livré : 29 févr. - 3 mars

Livraison accélérée : 28 févr. - 2 mars [Détails](#)[Entrez votre adresse](#)

Il ne reste plus que  
**11 exemplaire(s)** en stock.

Quantité : 

199,00 € + EUR 5,00 Livraison





Filtre amélioré, Filtre secteur, 50Hz, Balance: 25mm/s, 10mV

(c) Copyright 2012-2014, AliveCor Inc., Kardia v4.8.2.1513, Report v4.8.2, UUID : 06A433D0-567E-4A95-BAB7-7CC380B35D42

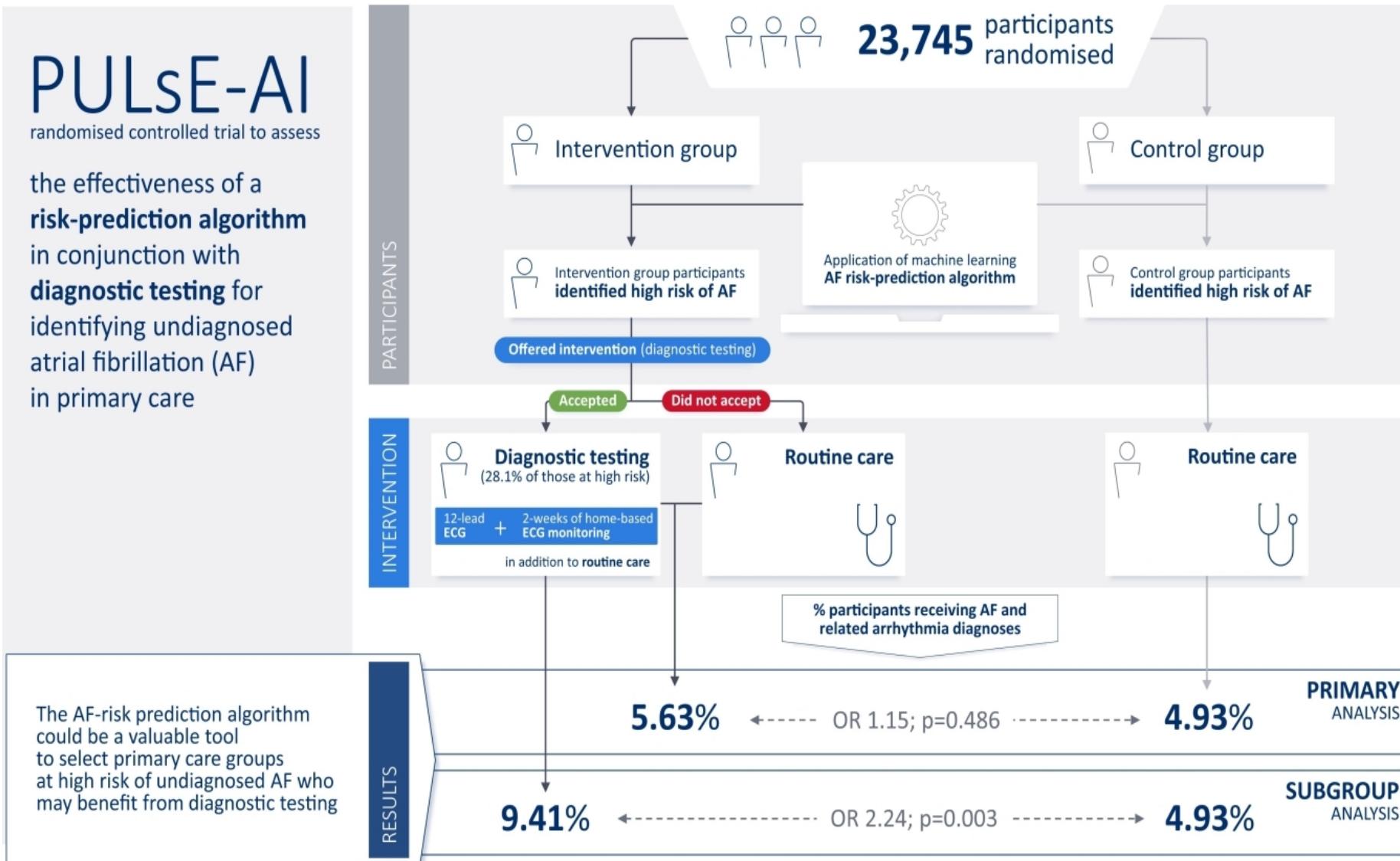
Page 1 sur 1



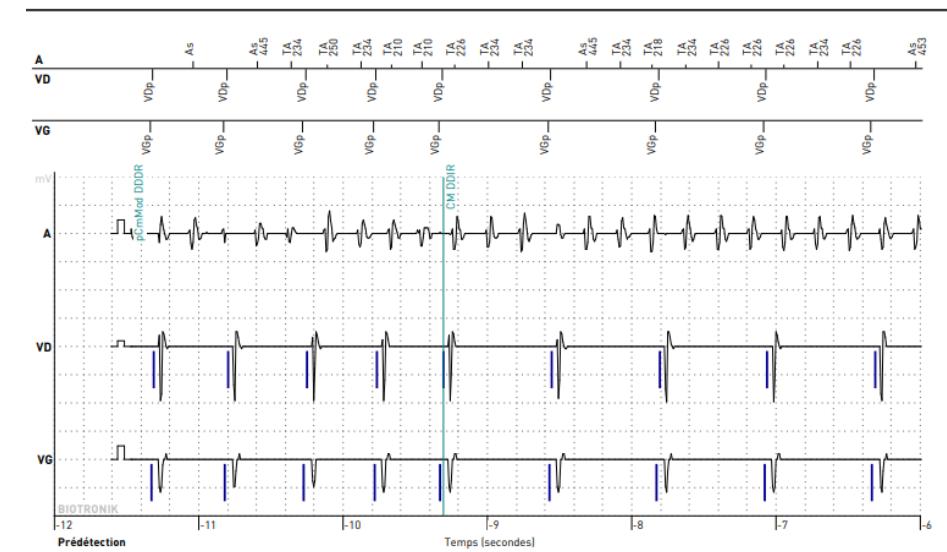
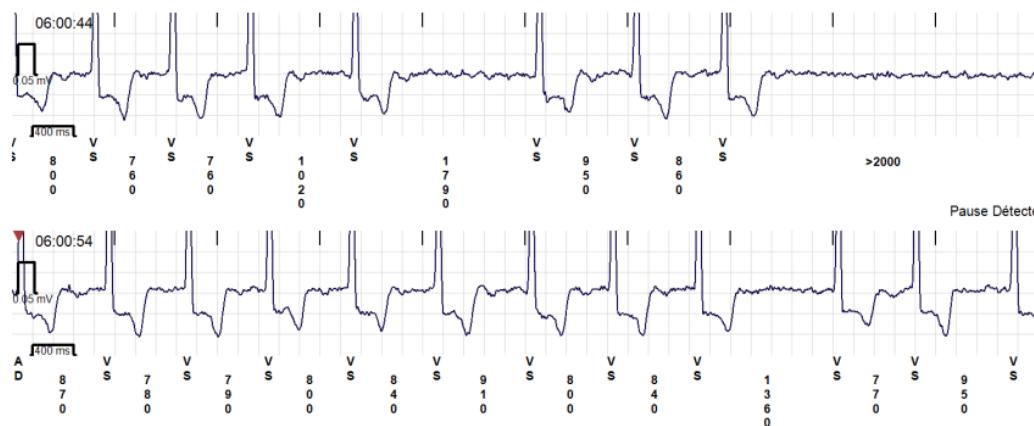
# PULsE-AI

randomised controlled trial to assess

the effectiveness of a  
**risk-prediction algorithm**  
in conjunction with  
**diagnostic testing** for  
identifying undiagnosed  
atrial fibrillation (AF)  
in primary care



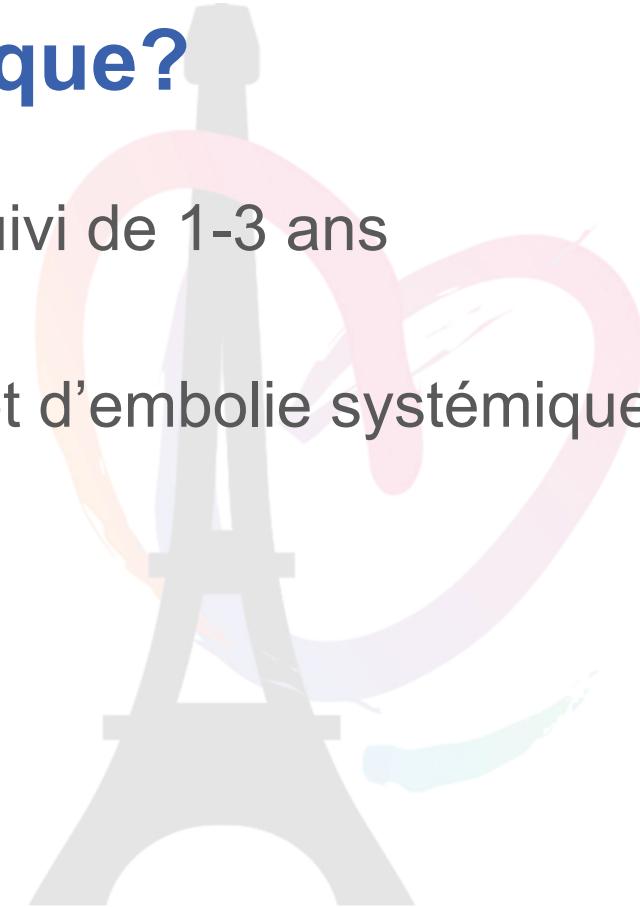
# Fibrillation atriale infraclinique



Asymptomatique  
+ diagnostique  
sur prothèse

## Que sait t'on des études sur la FA infraclinique?

- ◆ 30% des personnes âgées en font au moins 5 min, sur un suivi de 1-3 ans
- ◆ FAic  $\geq$  5–6 min multiplie par 2 le risque de survenue d'AVC et d'embolie systémique  
*(5 X pour la FAc)*
- ◆ Le risque d'AVC augmente avec la durée de la FAic
- ◆ 30% des FAic deviendront FAc dans les 2 ans
- ◆ Pas de lien temporel entre les épisodes de FAic et l'AVC lorsqu'ils survient



# ECG-diagnosed Atrial Fibrillation

## Incidence of ECG diagnosed atrial fibrillation in NOAH AFNET 6

AHRE duration ≥24 hours	AHRE duration <24 hours
17.0%/patient-year	8.2%/patient-year

## Incidence of ECG diagnosed atrial fibrillation in ARTESIA

AHRE
6.3%/patient-year

## Quand mettre en place un moniteur ECG implantable ?



3:22

## Quand mettre un moniteur ECG implantable ?

2,5 k vues • il y a 1 an



Dr Walid Amara

Quand implanter un "holter implantable" ? Ces petits boîtiers ECG de la taille d'une gellule sont aussi appelés **holter injectables**.



ORIGINAL ARTICLE

# Cryptogenic Stroke and Underlying Atrial Fibrillation

Tommaso Sanna, M.D., Hans-Christoph Diener, M.D., Ph.D.,  
Rod S. Passman, M.D., M.S.C.E., Vincenzo Di Lazzaro, M.D.,  
Richard A. Bernstein, M.D., Ph.D., Carlos A. Morillo, M.D.,  
Marilyn Mollman Rymer, M.D., Vincent Thijs, M.D., Ph.D.,  
Tyson Rogers, M.S., Frank Beckers, Ph.D., Kate Lindborg, Ph.D.,  
and Johannes Brachmann, M.D., for the CRYSTAL AF Investigators\*

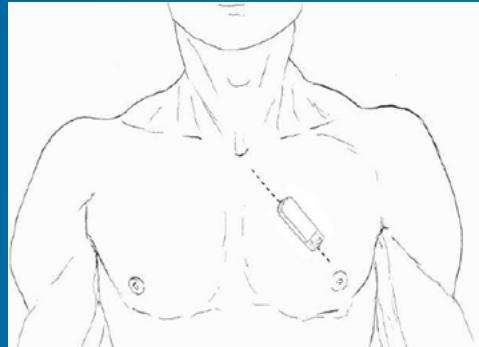
N ENGL J MED 370;26 NEJM.ORG JUNE 26, 2014



dtronic

# Comparison of Monitoring Strategies

## Continuous Monitoring Arm: Implantation of REVEAL® XT



Minimally invasive outpatient procedure

Local anesthetic and no leads or fluoroscopy

15-30 minute procedure

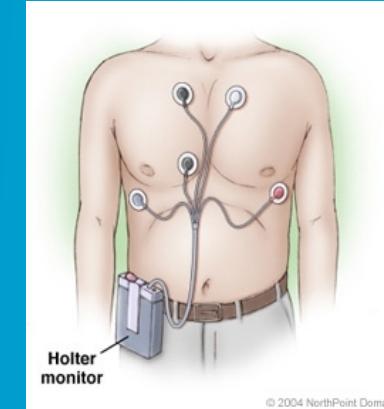
Device can be followed remotely

MRI conditional

3 year device longevity

Automatic AF detection algorithm

## Standard Monitoring Arm



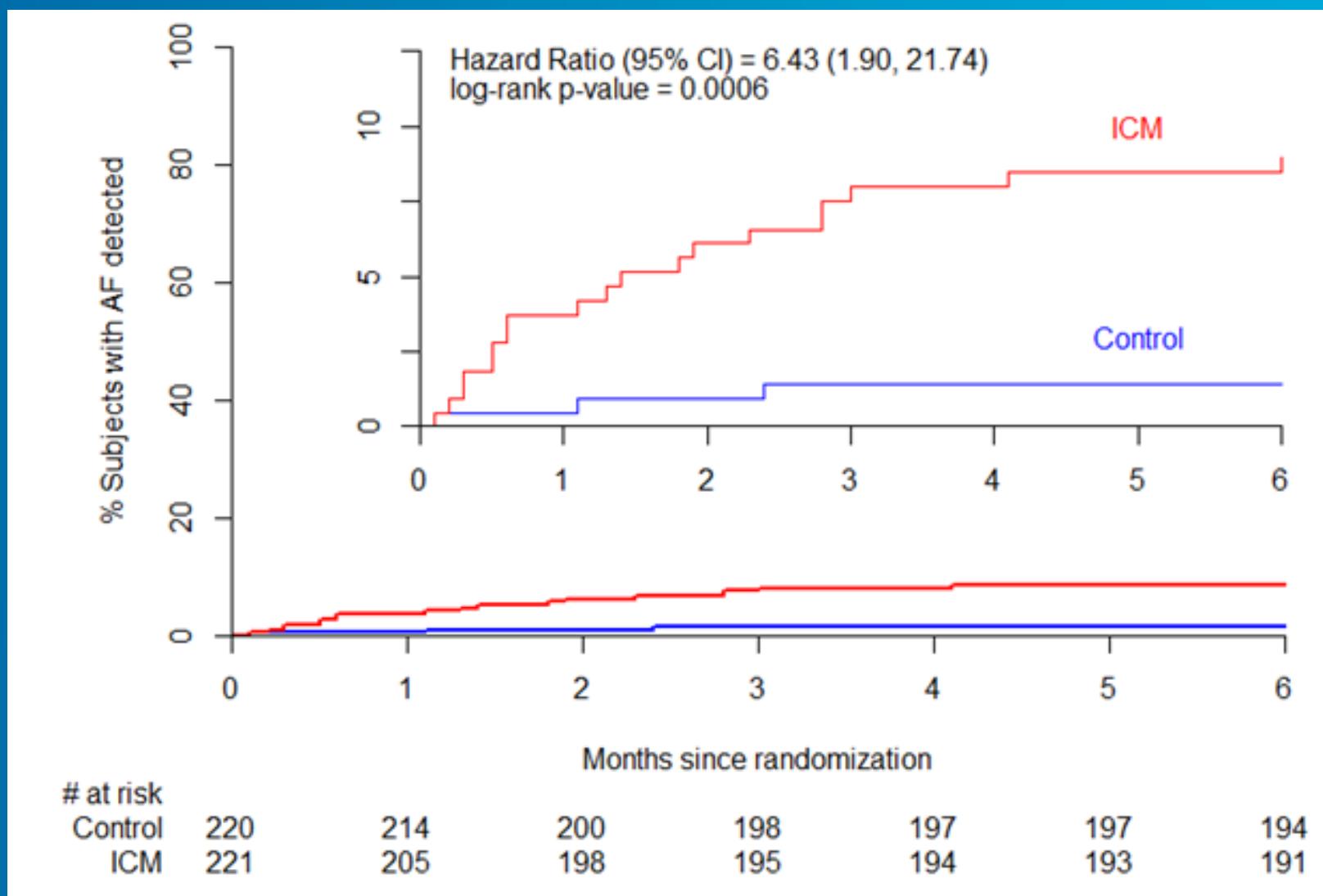
© 2004 NorthPoint Domain

Cardiac monitoring performed according to local standards, after mandated testing completed

Symptoms consistent with AF were evaluated by study physicians

Crystal AF

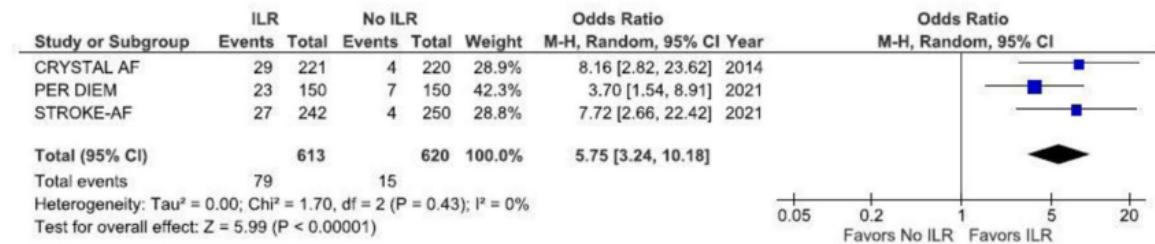
## Primary Endpoint: DETECTION OF AF AT 6 MONTHS



Rate of detection in ICM arm was 8.9% vs 1.4% in control arm

Crystal AF

A)



Meta-Analysis > Am J Cardiol. 2022 Jan 1:162:100-104. doi: 10.1016/j.amjcard.2021.09.013.

Epub 2021 Oct 28.

## Meta-Analysis of Randomized Clinical Trials Comparing the Impact of Implantable Loop Recorder Versus Usual Care After Ischemic Stroke for Detection of Atrial Fibrillation and Stroke Risk

Darae Ko <sup>1</sup>, Qiyi Dai <sup>2</sup>, David B Flynn <sup>3</sup>, Nicholas A Bosch <sup>4</sup>, Robert H Helm <sup>5</sup>,  
Kevin M Monahan <sup>5</sup>, Charlotte Andersson <sup>5</sup>, Christopher D Anderson <sup>6</sup>, Allan J Walkey <sup>7</sup>

B)

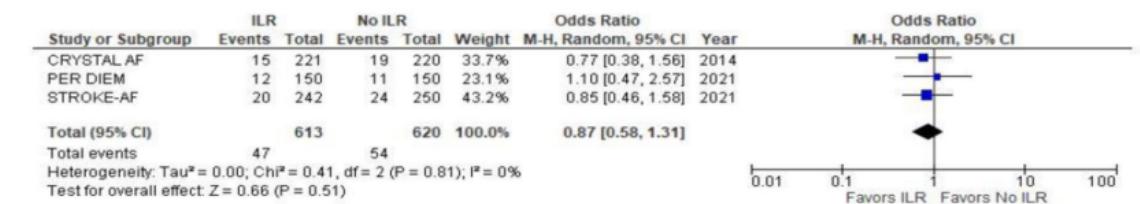


Figure 1.

Pooled analyses comparing ILR to control in the odds of (A) AF detection (B) stroke (ischemic or hemorrhagic) or TIA. The forest plot shows that ILR is more likely to detect AF compared to control but there is no statistical difference in the risk of stroke or TIA between ILR and control.



**Smart textile** designed for **patient comfort** throughout their daily activities, including sleep\*

Designed to be simple to wear with **no skin preparation** required

Fully-embedded **prepositioned electrodes and wires**

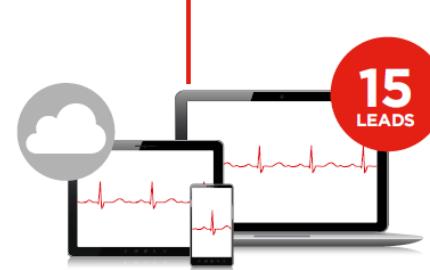
Built-in event button to **notify symptoms**



**Up to 14 days** locally stored data in the recorder, while offline

**Up to 30 days** online ECG data recording while connected to Wi-Fi

Designed for **easy data recovery** to visualise your patients' data and make a diagnosis of cardiac disorders



\* For complete instructions, please refer to the user manual.<sup>7</sup>

Cardioskin is a CE Mark device.



WeHealth by Servier  
50 rue Camot,  
92150 Suresnes, France

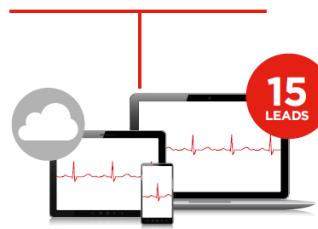


Please refer to the user manual:  
<https://manuals.cardioskin.com>

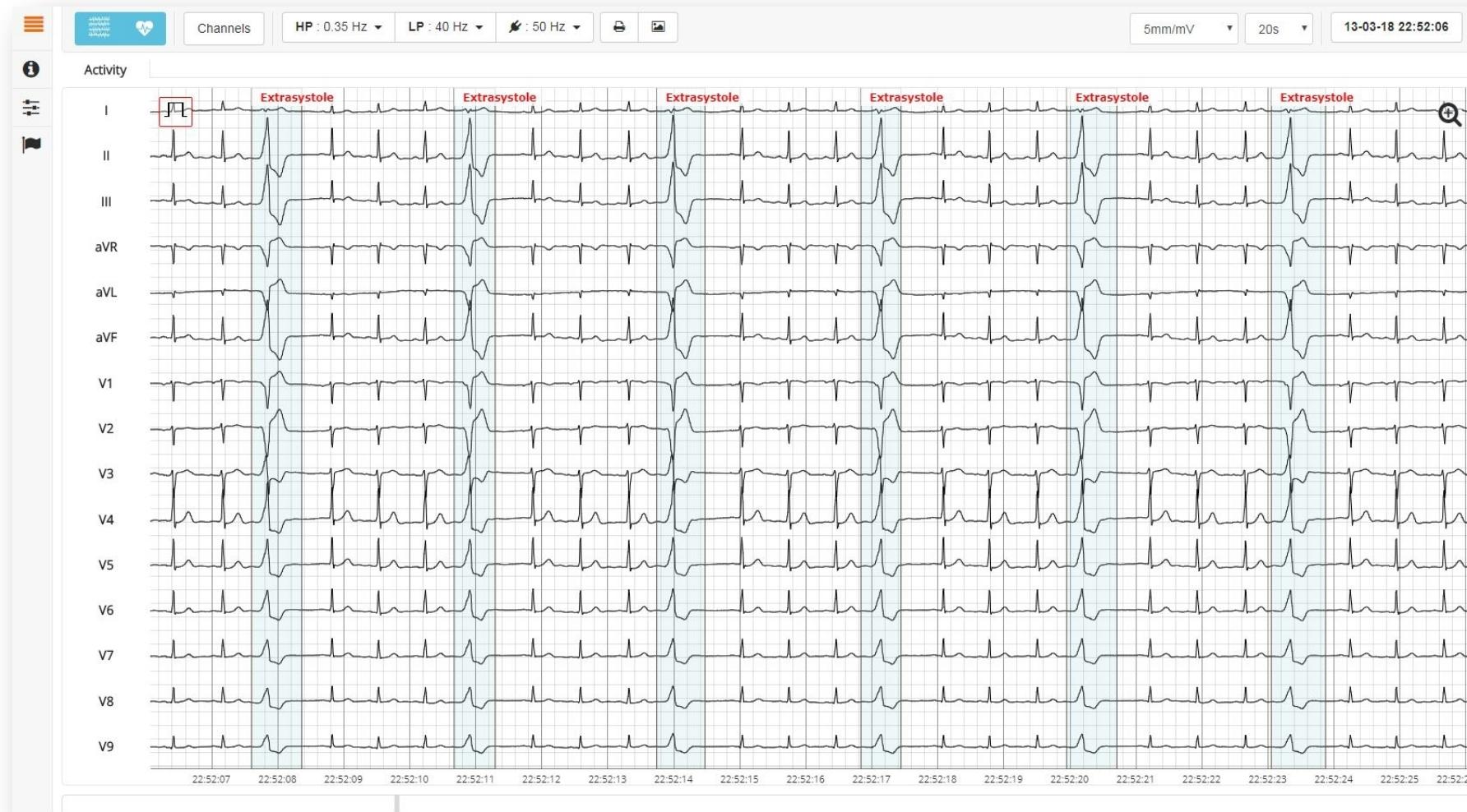


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Designed for **easy data recovery**  
to visualise your patients'  
data and make a diagnosis  
of cardiac disorders



Cardioskin®

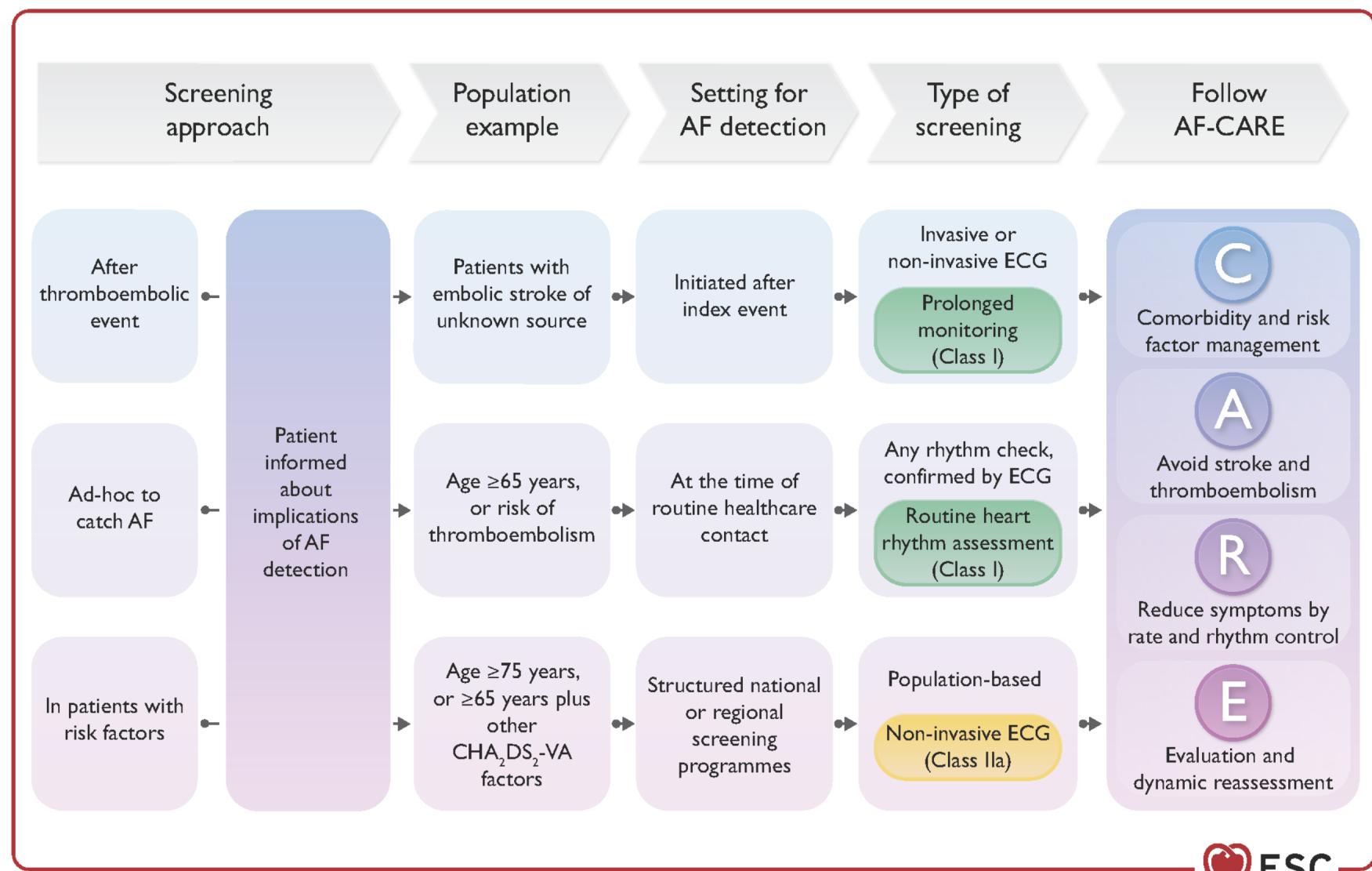


**Table 5 Sensitivity and specificity of various AF screening tools considering the 12-lead ECG as the gold standard**

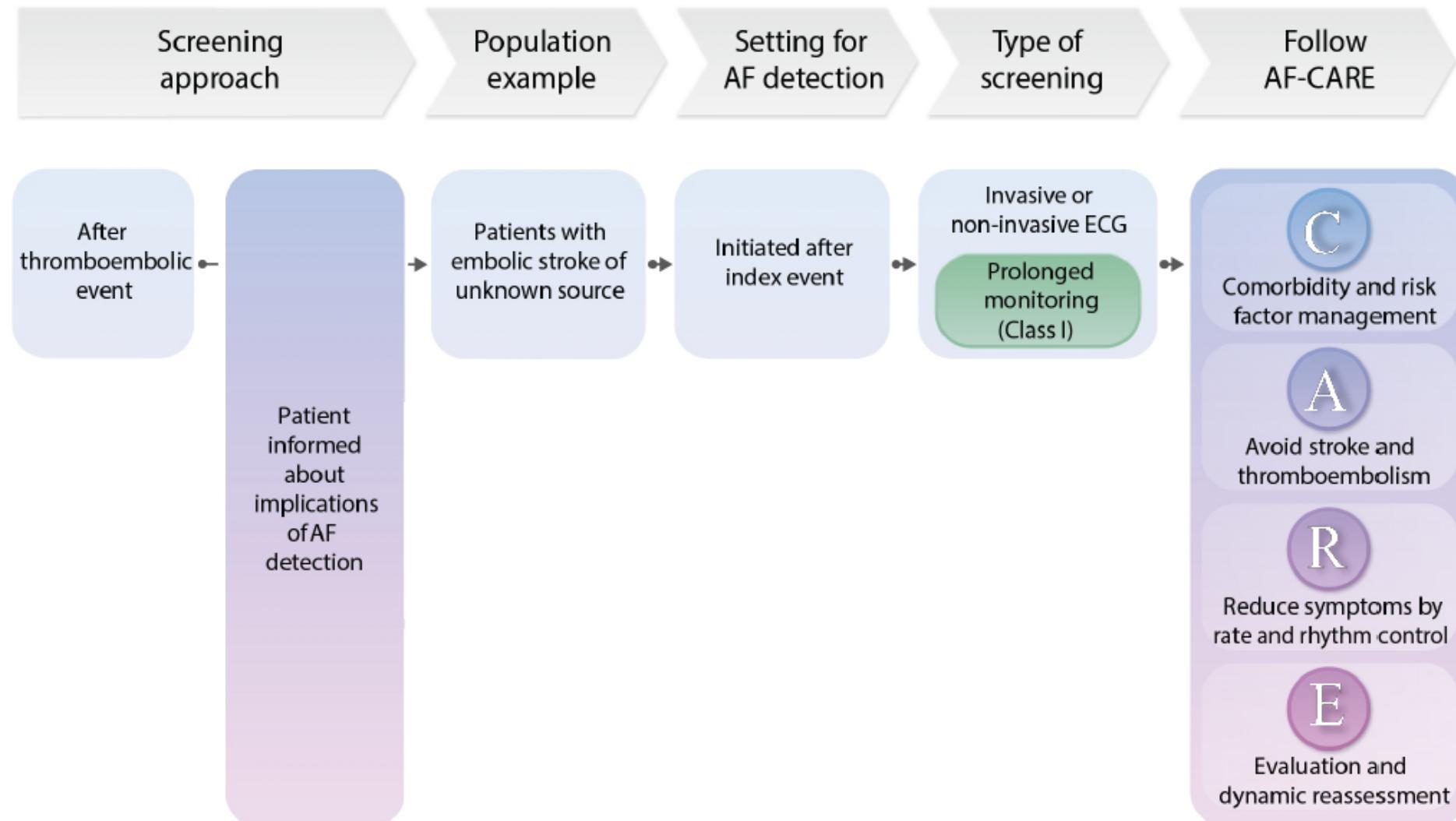
	<b>Sensitivity</b>	<b>Specificity</b>
Pulse taking	87–97%	70–81%
Automated BP monitors	93–100%	86–92%
Single lead ECG	94–98%	76–95%
Smartphone apps	91.5–98.5%	91.4–100%
Watches	97–99%	83–94%

# Figure 16

## Approaches to screening for atrial fibrillation



# Screening for AF



peux tu generer une image qui represente les outils disponibles de depistage de la fibrillation atriale asymptomatique?



Voici une image qui illustre les différents outils de dépistage de la fibrillation atriale asymptomatique. Elle met en avant des dispositifs modernes comme des montres connectées, des appareils ECG portatifs, des applications mobiles et des ECG traditionnels dans un cadre médical. Si vous souhaitez d'autres ajustements, n'hésitez pas à le préciser !

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