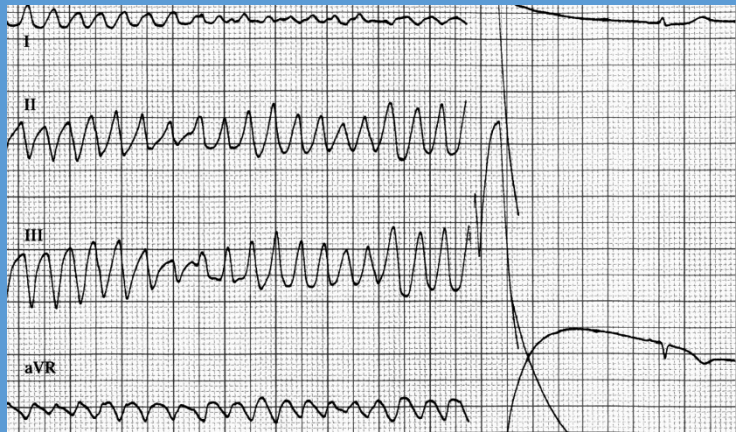


Prise en charge des arythmies ventriculaires au cours de l'amylose cardiaque

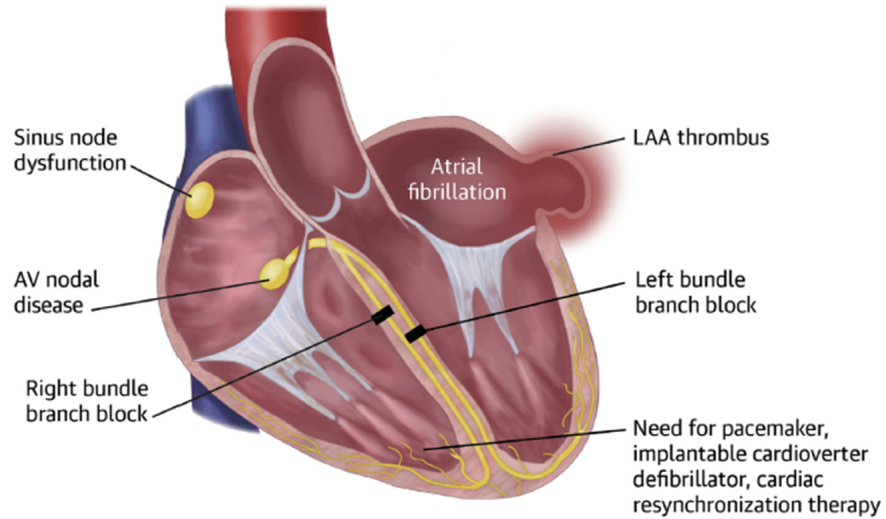


Nicolas Lellouche
Rythmologie, Henri Mondor, Créteil, APHP

Généralités

Canadian Journal of Cardiology
Volume 36 2020

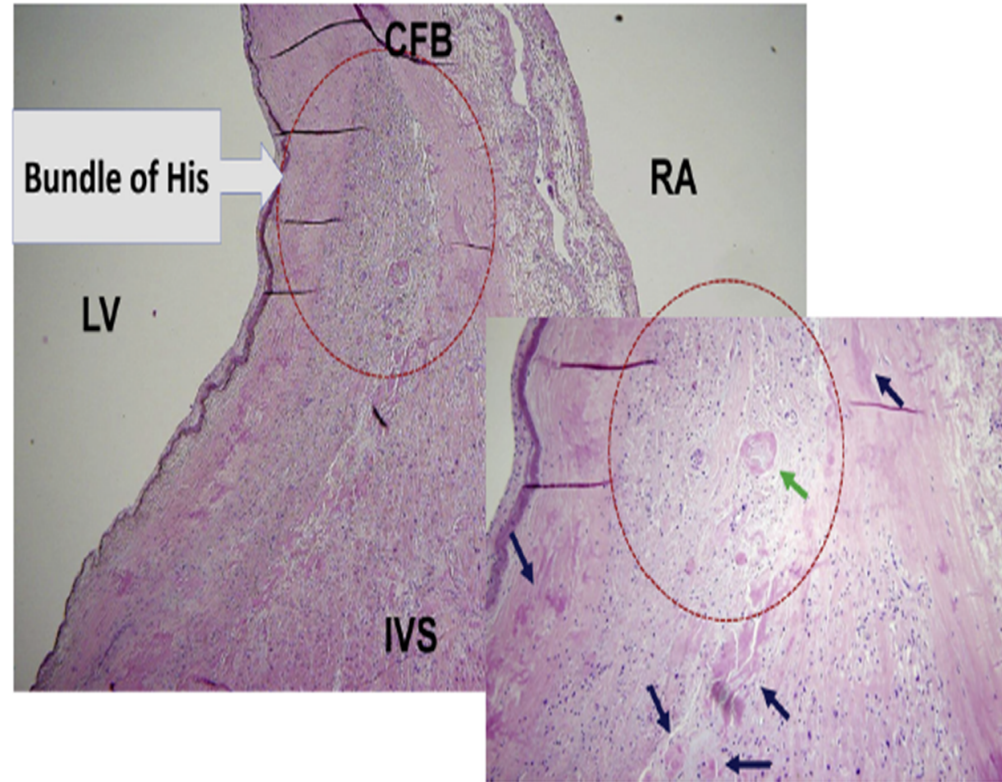
CENTRAL ILLUSTRATION Electrophysiologic Manifestations of Cardiac Amyloidosis



Electrophysiological Manifestations of Cardiac Amyloidosis

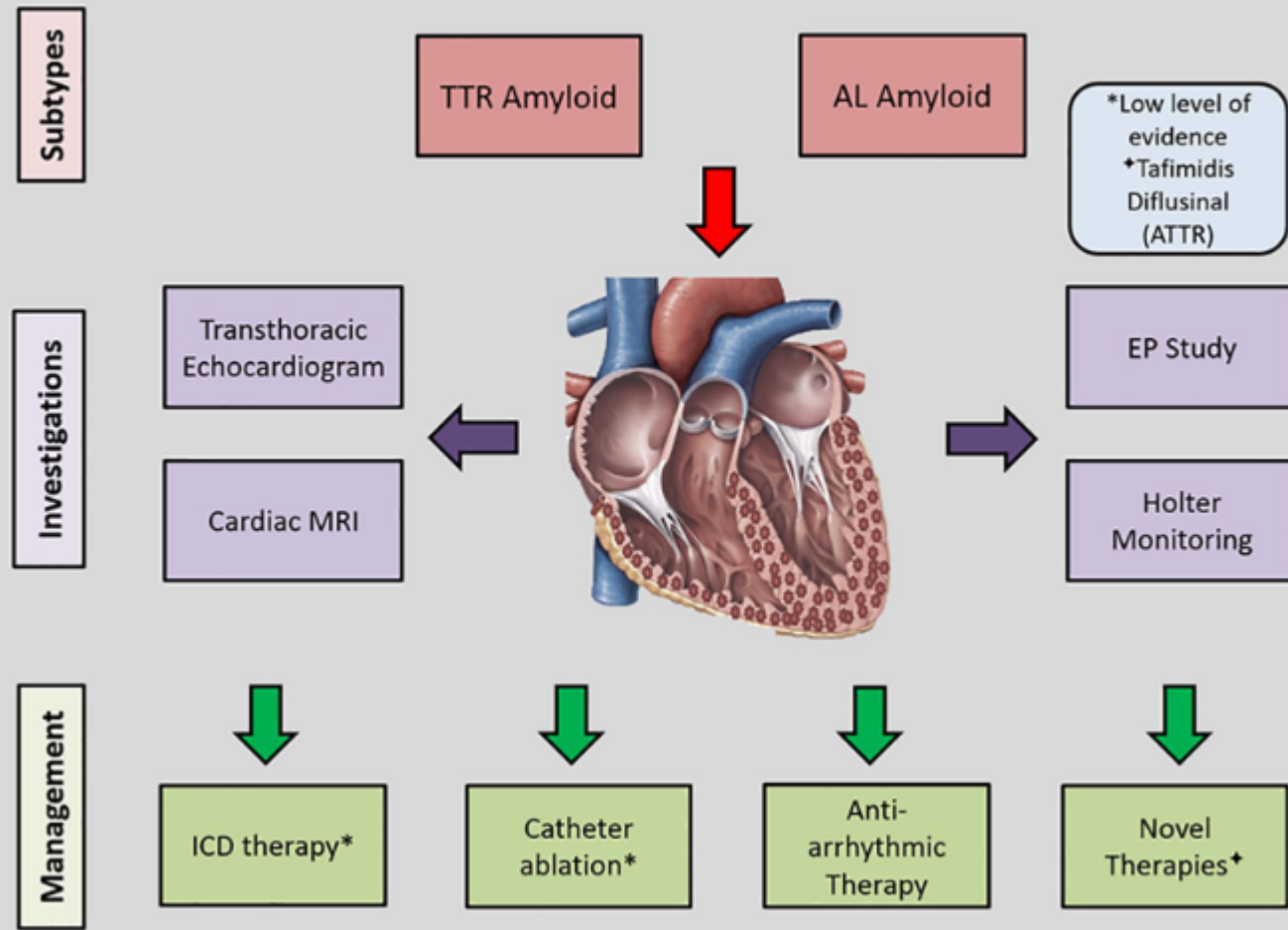
Atrial Fibrillation	High Degree AV Block	Ventricular Arrhythmia	Dyssynchrony	Device Management
Anticoagulation	AV Nodal Blocking Agents	Role of ICD and Mortality	Cardiac Resynchronization Therapy	Pacemaker ICDs
Rhythm or Rate Control	Pacemaker			
LAA Occlusion				

Hartnett, J. et al. J Am Coll Cardiol CardioOnc. 2021;3(4):506-515.



Arythmies atriales++
Peu d'arythmies ventriculaires + au cours de Amylose AL

Graphical Illustration: Ventricular Arrhythmias in Cardiac Amyloidosis



Toxicité cardiaque des chimiothérapies++



PREVALENCE DES TROUBLES DU RYTHME VENTRICULAIRE

STUDY SUMMARY	NUMBER OF PATIENTS	TYPE OF CARDIAC AMYLOID	METHOD OF MONITORING	NON-SUSTAINED VT IN % OF PATIENTS	OTHER RELATED FINDINGS
Palladini et al ⁷	51	AL	24-hour Holter monitoring	Non-sustained VT in 18% of patients.	Ventricular tachycardia was a significant prognostic determinant for survival ($P=0.04$).
Sayed et al ⁸	20	AL with symptoms of pre-syncope or syncope	Implantable loop recorder	Non-sustained VT in 5% of patients	Terminal syncopal event was marked by bradycardia, not tachycardia, in every available recording.
Murtagh et al ⁹	127	AL	Electrocardiogram	Non-sustained VT in 1% of patients	Premature ventricular contractions were noted in 13% of patients.
Goldsmith et al ¹⁰	24	AL monitored peri autologous stem cell transplantation	Telemetry, average of 24 days	Non-sustained VT in 100% of patients	In the deceased patients ($n=3$), VT/VF events were the highest of all 24 patients. There was a correlation between VT and serum BNP levels before SCT ($r=0.47$, $P=0.019$) and during admission for SCT ($r=0.62$, $P=0.0012$), serum creatinine before SCT ($r=0.62$, $P=0.001$), and inverse relationship with cardiac output ($r=-0.72$, $P<0.001$)
Dubrey et al ¹²	232	AL	24-hour Holter monitoring	Non-sustained VT in 26.7% of patients	Ventricular tachycardias were not associated with increased risk of sudden cardiac death.
Hörnsten et al ¹¹	30	ATTR (ATTR Val30Met trait), before liver transplant	24-hour Holter monitoring	Non-sustained VT in 16.7% of patients	–
Varr et al ⁴⁵	31	AL 77%, ATTR 23% (V122I mutation 10%, wild type 13%)	ICD, permanent pacemaker, telemetry	VT in 74% of patients	ICD therapy was successful in most patients, with therapy in 4 of 5 (80%) patients resulting in the termination of the arrhythmia.
Kristen et al ¹³	19	AL with ICD insitu	ICD	VT/VF in 11% of patients	Ventricular extra beats (grade IVa or higher) were present more often in non-survivors than in survivors ($P<0.05$).
Hamon et al ⁴⁹	45	Familial ATTR 60%, AL 27%, senile ATTR 13%. All with ICD in situ	ICD	VT/VF in 27% of patients	Inappropriate shocks was uncommon and occurred in 2 patient (4.4%).

TVNS: 20%/an

TV: 10%/an

La prévalence dépend du type d'amylose et du mode de recueil:

DAI ou Monitoring continue (24h, 3 semaines ou 3 ans ILR)



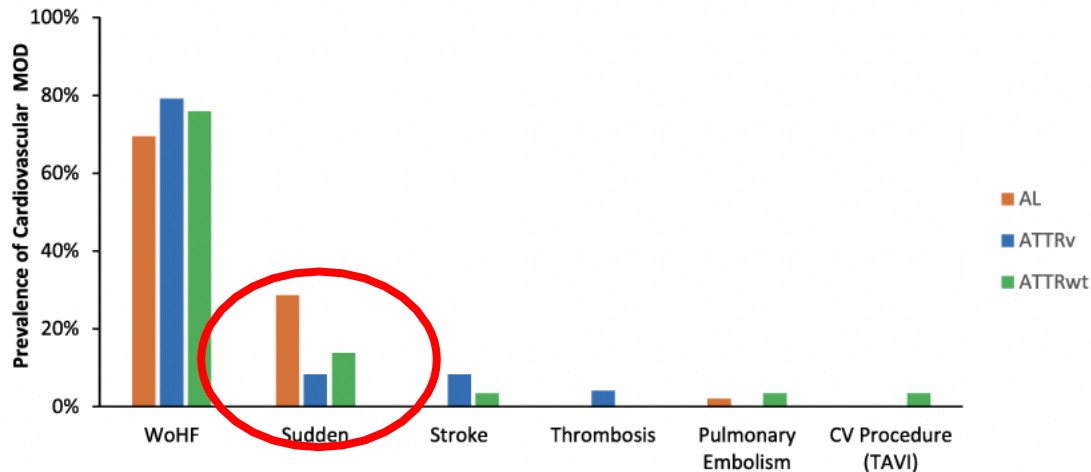
Mode de décès au cours de l'amylose cardiaque

Describing mode of death in three major cardiac amyloidosis subtypes to improve management and survival

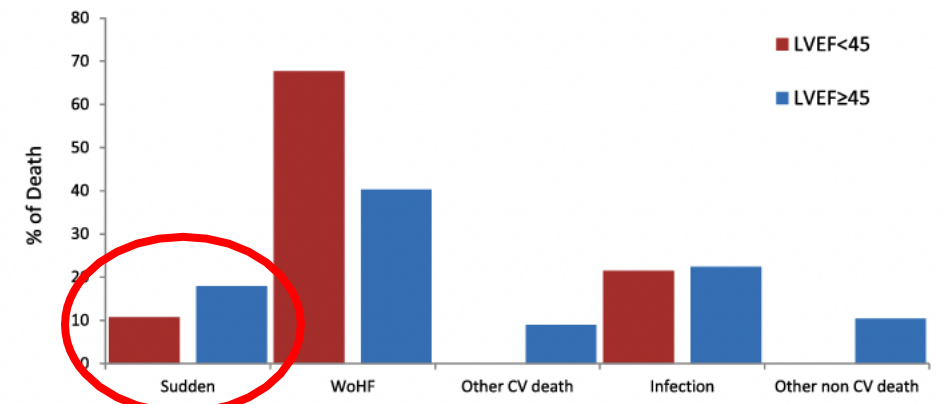
Mounira Kharoubi^{a,b,c,d}, Diane Bodez^{a,b,c,d,e}, Mélanie Bézard^{a,b,c,d}, Amira Zaroui^{a,b,c,d}, Arnault Galat^{a,b,c,d}, Soulef Guendouz^{a,b,c,d}, Thierry Gendre^{a,b,f}, Luc Hittinger^{a,b,c,d}, David Attias^e, Dania Mohty^{g,h}, Eric Bergoendⁱ, Emmanuel Itti^{a,b,j}, Fabien Lebras^{a,b,k}, David Hamon^{a,b,c,d}, Elsa Poullot^{a,b,l}, Valérie Molinier-Frenkel^{a,b,l,m}, Nicolas Lellouche^{a,b,c,d}, Jean-François Deux^{a,b,n}, Benoit Funalot^{a,b,o}, Pascale Fannen^{a,b,o}, Silvia Oghina^{a,b,c,d}, Raphael Arrouasse^{a,b,p}, Philippe Lecorvoisier^{a,b,p}, Sarah Souvannanorath^{a,b,q}, Aurelien Amiot^r, Emmanuel Teiger^{a,b,c,d}, Wulfran Bougouin^{s,t} and Thibaud Damy^{a,b,c,d,p}

Mort subite = 2^e cause de décès CV dans l'AC
 Risque mal stratifié par la FEVG

B : Prevalence of Cardiovascular Mode of Death in CA according to amyloidosis type



B: Mode of Death of Cardiac Amyloidosis Population depending on LVEF (<45% or ≥ 45%)



TRAITEMENTS

A) Traitements anti-arythmiques

- Amiodarone ++ mais attention au risque de TDP: drogues utilisées notamment dans l'amylose AL, hypoK+,..
- AA de classe I contre indiqués
- Béta-bloquants souvent mal tolérés
- Aucune série publiée sur l'ablation de TV (quelques cas cliniques)
- 2 cas à Mondor avec bon succès
- Transplantation cardiaque en cas d'orage rythmique (très rare...)



B) Le DAI

-Prévention secondaire: Indication au DAI

-Prévention primaire: quels sont les FDR de mort subite?



CREATIVE CONCEPTS

Implantable cardioverter-defibrillator placement in patients with cardiac amyloidosis

Brandon C. Varr, MD,^{*} Shirin Zarafshar, MD,[†] Terra Coakley, MAT,[†] Michaela Liedtke, MD,[‡] Richard A. Lafayette, MD,[§] Sally Arai, MD,^{||} Stanley L. Schrier, MD,[‡] Ronald M. Witteles, MD[†]

From the ^{*}Division of Cardiology, Columbia University Medical Center, New York, New York, [†]Division of Cardiovascular Medicine, Stanford University Medical Center, Stanford University School of Medicine, Stanford, California, [‡]Division of Hematology, [§]Division of Nephrology; and ^{||}Division of Blood and Marrow Transplantation, Stanford University School of Medicine, Stanford, California.

Table 1 Patient characteristics (n = 31)

Age (y)	68 (51–87)
Sex: male	84%
AL	77%
ATTR	
Wild type	13%
Familial V122I mutation	10%
Pacemaker	32%
ICD	61%
NYHA class 1	6%
NYHA class 2	52%
NYHA class 3	42%
NYHA class 4	0%
LVEF < 55%	39%
NT-proBNP (pg/mL)	6635 (193–30,000)
Device indication	
Bradycardia/heart block	34%
Primary prevention SCD	52%
Secondary prevention SCD	14%

AL = light-chain amyloidosis; ATTR = transthyretin amyloidosis; ICD = implantable cardioverter-defibrillator; NT-proBNP = N-terminal pro-brain natriuretic peptide; NYHA = New York Heart Association; SCD = sudden cardiac death; V122I = valine to isoleucine substitution at position 122.

31 patients avec PM ou DAI amylose TTR ou AL

TVNS 74 % et TVS ou FV 19 % des patients.

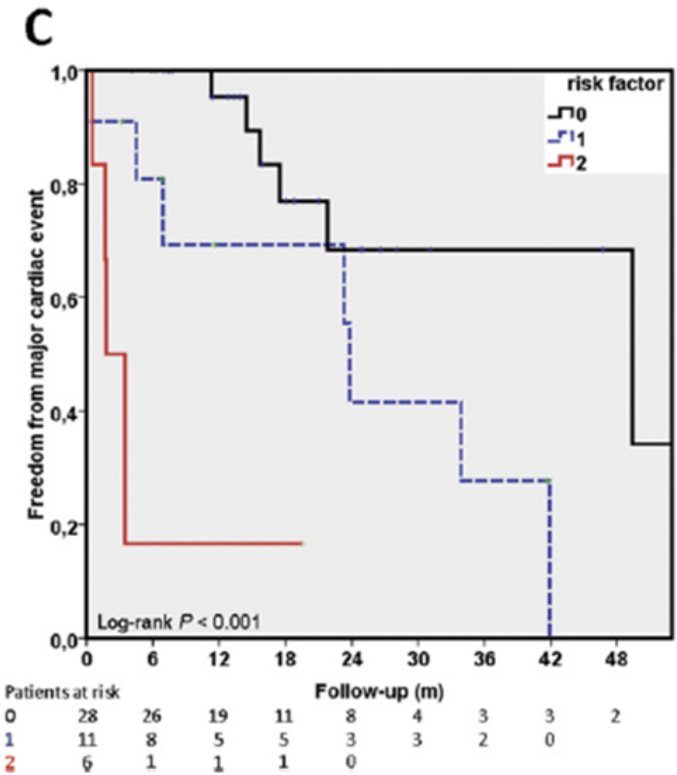
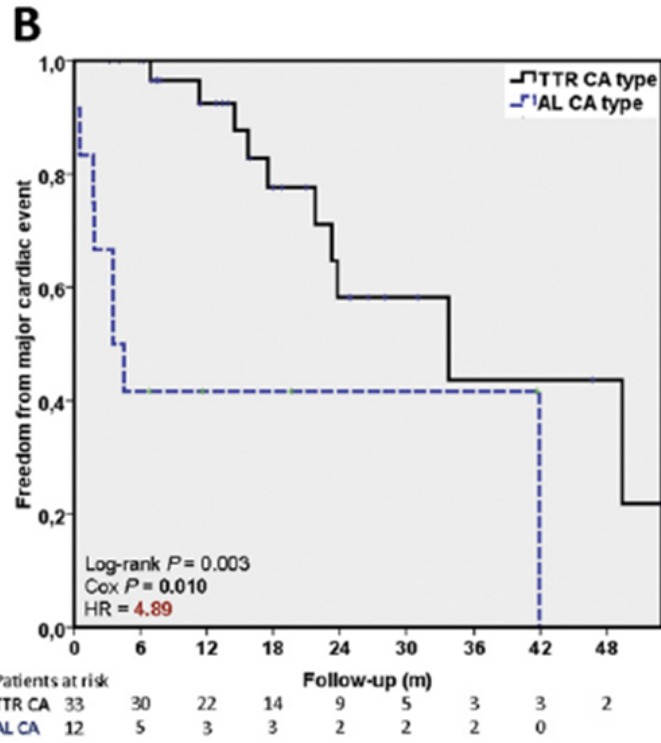
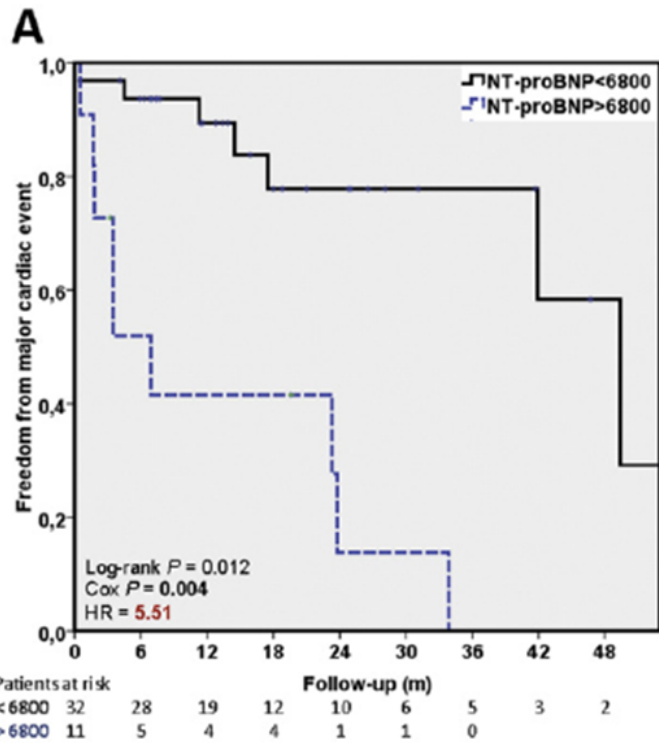
19 % des patients avec DAI ont reçu une thérapie appropriée à 18 mois

Table 3 Results of ICD therapy

Age (y), sex, amyloid type	Reason for implantation	NYHA class	Rhythm	ICD therapy	Defib energy (J)	Success therapy	Survival
70, M, AL	Primary prevention	2	VT and VF	ATP/Defib	35	Yes	6 mo, Alive
60, M, AL	Primary prevention	2	VF	Defib	35	No	Decd
59, M, AL	Secondary prevention	2	VT	Defib	41	Yes	6 wk, Decd
67, M, AL	Secondary prevention	2	VT	ATP	n/a	Yes	18 mo, Decd
62, F, AL	Secondary prevention	3	VT	Defib	35	Yes	19 mo, Decd
60, M, ATTR (V122I mutation)	Primary prevention	2	VT	Shock aborted owing to spontaneous termination			23 mo, Alive

AL = light-chain amyloidosis; ATP = antitachycardia pacing; ATTR = transthyretin amyloidosis; Decd = deceased; Defib = defibrillation; ICD = implantable cardioverter-defibrillator; NYHA = New York Heart Association; VF = ventricular fibrillation; VT = ventricular tachycardia; V122I = valine to isoleucine substitution at position 122.





Facteurs de mauvais pronostic: taux de Nt pro-BNP élevé, amylose AL (mais les nouveaux traitements améliorent le pronostic), évolutivité de la pathologie



Table 3. Ventricular tachyarrhythmia and implantable cardioverter-defibrillator (ICD) studies in cardiac amyloidosis

Study	Population	Sample size	Prevalence of bradyarrhythmia
Varr et al. (2014) ³³	AL or ATTR amyloidosis	31 patients with CA and implanted devices or ambulatory monitoring	Nonsustained VT in 74%, sustained VT or VF in 19%
Kristen et al. (2008) ¹⁶	Cardiac amyloidosis (unspecified)	19 patients with CA and previous syncope or PVCs with an ICD	Two patients (11%) developed sustained VT successfully treated by ICD
Lin et al. (2013) ³⁶	AL, wtATTR, hATTR, and AA amyloidoses	53 patients with CA with ICD for primary (77%) and secondary (23%) prevention	Appropriate ICD shocks in 32% during first year, mostly in patients with AL amyloidosis and secondary prevention devices
Hamon et al. (2016) ³⁷	AL, wtATTR, and hATTR amyloidoses	55 patients with CA with ICD for primary (84%) and secondary prevention (16%).	Appropriate ICD therapy in 27% after an average of 4.7 ± 6.6 months; no independent predictors of ICD therapy; 27% patients died in follow-up

AA, amyloid A protein; AL, amyloidogenic light chain; ATTR, amyloidogenic transthyretin; CA, cardiac amyloidosis; hATTR amyloidosis, hereditary amyloidogenic transthyretin; PVC, premature ventricular complexes; VF, ventricular fibrillation; VT, ventricular tachycardia; wtATTR, wild-type amyloidogenic transthyretin.

Indications du DAI dans l'amylose reco US

Implantable cardioverter-defibrillator			
I	C-EO	In individuals with CA who have survived a cardiac arrest, an ICD is recommended if meaningful survival > 1 year is expected.	34
IIb	B-NR	In individuals with AL-type cardiac amyloidosis with nonsustained ventricular arrhythmias, a prophylactic ICD may be considered if meaningful survival > 1 year is expected.	29

AL, amyloidogenic light chain; AV, atrioventricular; CA, cardiac amyloidosis; ICD, implantable cardioverter-defibrillator.

* Class of recommendation: I: strong, benefit >>> risk; IIa: moderate, benefit >> risk; IIb: weak, benefit > risk.

[†] Level of evidence: B-NR: level B, nonrandomized: moderate-quality evidence from ≥ 1 well designed, well executed nonrandomized studies, observational studies, or registry studies, or meta-analysis of such studies. C-EO: level C, expert opinion: consensus of expert opinion based on clinical experience.



Outcomes in patients with cardiac amyloidosis and implantable cardioverter-defibrillator

Eun-Jeong Kim¹, Benjamin B. Holmes², Shi Huang³, Ricardo Lugo², Asad Al Aboud², Stacey Goodman⁴, Rebecca R. Hung², David Slosky², William G. Stevenson², Gregory F. Michaud², and Roy M. John^{5*}

¹Division of Cardiovascular Medicine, Department of Medicine, University of California San Francisco Medical Center, San Francisco, CA 94143, USA; ²Division of Cardiovascular Medicine, Department of Medicine, Vanderbilt University Medical Center, Nashville, TN 37232, USA; ³Department of Biostatistics, Vanderbilt University Medical Center, Nashville, TN 37232, USA; ⁴Division of Hematology and Oncology, Department of Medicine, Vanderbilt University Medical Center, Nashville, TN 37232, USA; and ⁵Cardiac Arrhythmia Service, Northshore University Medical Center, Cohen 1, 300 Community Drive, Manhasset, NY 11030, USA

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Table 1 Baseline characteristics in all groups

	Group 1 (CA + ICD)	Group 2 (CA without ICD)	Group 3 (non-CA with ICD)
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FEVG basse chez les patients implantés

		Group 1	Group 2	P-value
N		23	68	
Type of amyloidosis	AL	7 (30.0%)	42 (62.0%)	0.04
	ATTRm	6 (26.0%)	13 (19.0%)	
	ATTRwt	10 (43.0%)	12 (18.0%)	
	Unknown	0 (0%)	1 (1.0%)	
Kappa		1 (4.0%)	12 (18.0%)	0.12
Lambda		6 (26.0%)	30 (44.0%)	0.13
Elevated FLC-diff (>18 mg/dL)		1 (14.0%)	27 (64.0%)	0.01
Renal amyloidosis		7 (30.0%)	23 (34.0%)	0.77
GI system amyloidosis		4 (17.0%)	9 (13.0%)	0.62
Pulmonary amyloidosis		0 (0.0%)	6 (9.0%)	0.14
Autonomic dysfunction		3 (13.0%)	7 (10.0%)	0.72
Peripheral neuropathy		7 (30.0%)	10 (15.0%)	0.09
Hepatic amyloidosis		3 (13.0%)	2 (3.0%)	0.07
Dermatological involvement		1 (4.0%)	3 (4.0%)	0.99
Others		2 (8.0%)	10 (9.9%)	0.04
Mayo Staging (in AL)	1	0	0	0.05
	2	0	3 (7.0%)	
	3	6 (86.0%)	15 (36.0%)	
	4	1 (14.0%)	24 (57.0%)	

AL, light chain amyloidosis; ATTRm, transthyretin mutant amyloidosis; ATTRwt, transthyretin wild-type amyloidosis; FLC, free light chains.

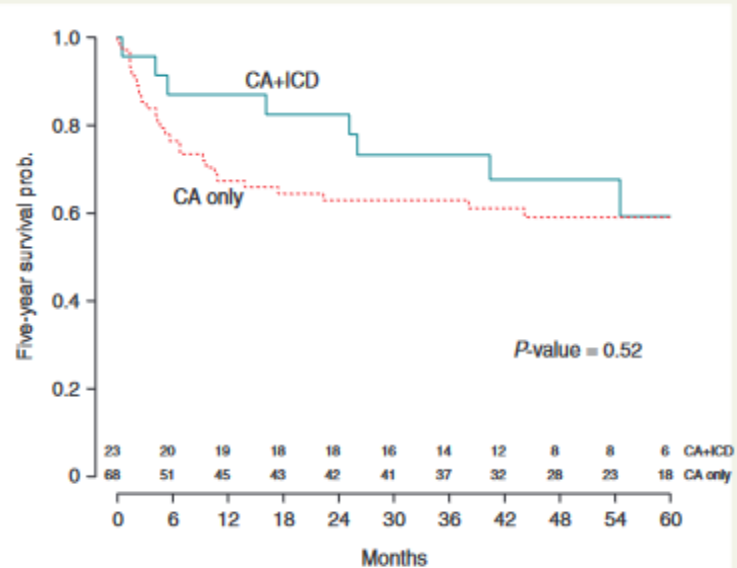


Figure 2 The Kaplan–Meier plot of survival probabilities from CA diagnosis to death in patients with CA. The figure compared the survival of Group 1 (CA and ICD) with Group 2 (CA and no ICD) utilizing the Kaplan–Meier curve. There is no significant survival difference to 5 years after the diagnosis ($P = 0.52$). CA, cardiac amyloidosis; ICD, implantable cardioverter-defibrillator.

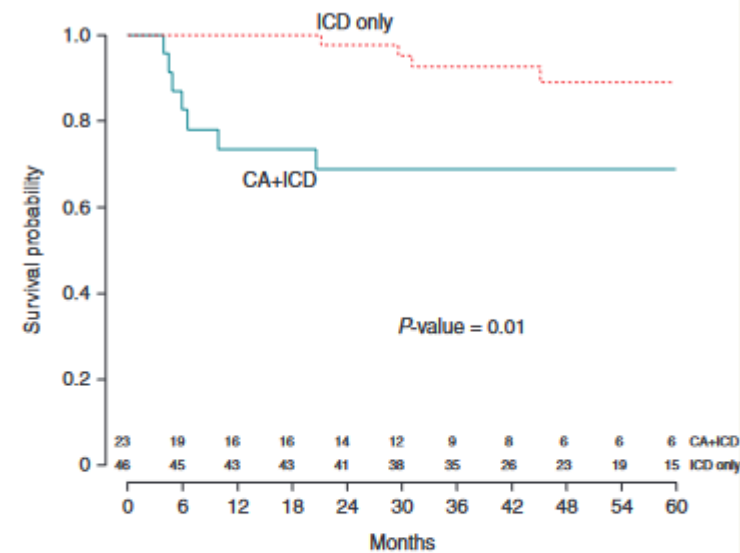


Figure 3 The Kaplan–Meier plot of survival probabilities from ICD to death in patients with ICD. This figure compared the survival of Group 1 (CA and ICD) with Group 3 (non-amyloid and ICD) utilizing the Kaplan–Meier curve. ($P = 0.01$). Survival was significantly better in the non-amyloid population with primary prevention ICDs [HR=6.98 (Group 1 vs. Group 3), 95%CI = 1.53–31.7, $P = 0.01$]. CA, cardiac amyloidosis; ICD, implantable cardioverter-defibrillator.



A study of implanted cardiac rhythm recorders in advanced cardiac AL amyloidosis

Rabya H. Sayed¹, Dominic Rogers², Fakhar Khan², Ashutosh D. Wechalekar¹, Helen J. Lachmann¹, Marianna Fontana¹, Shameem Mahmood¹, Sajitha Sachchithanantham¹, Ketna Patel¹, Philip N. Hawkins¹, Carol J. Whelan^{1,2}, and Julian D. Gillmore^{1*}

¹National Amyloidosis Centre, Division of Medicine, University College London, Royal Free Campus, Rowland Hill Street, London NW3 2PF, UK; and ²Department of Cardiology, Royal Free London NHS Foundation Trust, London, UK

Received 22 October 2014; revised 11 November 2014; accepted 17 December 2014; online publish-ahead-of-print 30 December 2014

- Mais cause principale de DC dans amylose : trouble de conduction ou asystolie
- 20 patients implantés pour amylose AL sévère et syncope.
- 13 patients DCD dont 8 dus à un trouble de conduction de haut degré
- 1/3 DCD dans les 3 mois suivant l'implantation



Table 2 Drug therapy including chemotherapy regimen, cardiac events, and outcome

Pt	Baseline rhythm	Nature of cardiac rhythm change	Anti-arrhythmic medication prior to onset of cardiac rhythm change (or at censor ^a)	Chemotherapy regimen (days from last dose to cardiac rhythm change)	Intervention	Outcome (days from ILR to death/censor)
1	SR	Sinus bradycardia (HR 25–30 bpm), significant pauses followed by CAVB	None	CVD (2)	None (NFR)	Died, 12
2	SR	Bradycardia (HR 30 bpm)	Bisoprolol 5 mg od	CVD (3)	None	Died, 22
3	SR, 1st degree HB	CAVB with significant pauses (HR 20 bpm)	None	Lenalidomide/dexamethasone (14)	CPR, TP	Died, 57
4	SR, 1st degree HB	CAVB (HR 25)	None	CVD (4)	CPR, PPM	Died, 10
5	Atrial flutter	CAVB (HR 20 bpm)	Amiodarone 200 mg od	CVD (3)	None	Died, 44
6	SR	Sinus bradycardia (HR 35 bpm)	Bisoprolol 3.75 mg od	CVD (7)	CPR	Died, 34
7	SR	None detected up to 4 days prior to death	None	CVD (3)	None	Died, 75
8	SR	CAVB (HR 30 bpm)	Bisoprolol 1.25 mg od	CVD (4)	CPR, TP	Died, 17
9	SR, 1st degree HB	Atrial flutter 120–160 bpm	None	CVD (4)	Atrial ablation	Alive, 399
10	SR	AF at > 140 bpm	None	CVD (NA)	Amiodarone	Alive, 308
11	SR	None detected	None ^a	CVD (NA)	NA	Alive, 353
12	SR, 1st degree HB	None detected	None ^a	CVD (NA)	NA	Alive, 357
13	SR, 1st degree HB	Sinus bradycardia, significant pauses and CAVB	None	None (CVD later)	PPM	Alive, 300
14	SR, Wenckebach	CAVB (30 bpm) followed by NSVT	Bisoprolol 1.25 mg od	CVD (6)	None	Died, 45
15	SR	None detected up to 6 days prior to death	None	CVD (6)	None	Died, 36
16	SR, 1st degree HB	None detected	Bisoprolol 1.25 mg od	Melphalan/dexamethasone (NA)	NA	Died, 81
17	SR, 1st degree HB	None detected	Bisoprolol 1.25 mg od	CVD (12)	NA	Died, 65
18	SR, 1st degree HB Paroxysmal AF	AF	None	CVD (NA)	Amiodarone	Alive, 186
19	SR, 1st degree HB	AF at 140 bpm	None	CVD (1)	Bisoprolol	Alive, 193
20	AF	None detected	None	CVD (NA)	NA	Died, 49

SR, sinus rhythm; CVD, cyclophosphamide, velcade, and dexamethasone; HB, heart block; CAVB, complete atrioventricular block; TP, temporary pacing; PPM, permanent pacemaker; CPR, cardiopulmonary resuscitation; AF, atrial fibrillation; NK, not known; ChemoRx, chemotherapy treatment; od, once daily.

^aMedication at time of censor among those without a cardiac rhythm change.



-La FEVG semble peu prédictive du risque de TDR ventriculaire (implantation trop tardive?)

-l'EEP ne semble pas prédictive des TDR ventriculaires

-Espérance de vie > 1an

-Peu d'intérêt d'implanter les patients trop tôt ou trop tard



Table 2. Univariate Analysis of Characteristics of All 23 Patients Who Died During Follow-Up

	Sudden Death Group (n = 10)	Nonsudden Death Group ^a (n = 13)	p Value
Age at time of EP study (yr)	52.6 ± 10.1	60.1 ± 7.3	0.066
Male	6 (60%)	10 (77%)	0.38
HV interval (ms)	86 ± 14	71 ± 18	0.038
HV interval ≥80 ms	7 (70%)	3 (23%)	0.024
LAFB or LPFB	3 (30%)	4 (31%)	0.97
QRS duration ≥120 ms	2 (20%)	3 (23%)	0.86
Positive SAECG ^b	4/6 (67%)	3/10 (30%)	0.15
Inducibility of monomorphic VT	2 (20%)	2 (15%)	0.77
History of syncope or presyncope	6 (60%)	2 (15%)	0.026
Septal thickness (cm)	1.6 ± 0.3	1.6 ± 0.3	0.94
LVEF (%)	49 ± 13	48 ± 12	0.82
Heart failure	9 (90%)	12 (92%)	0.85



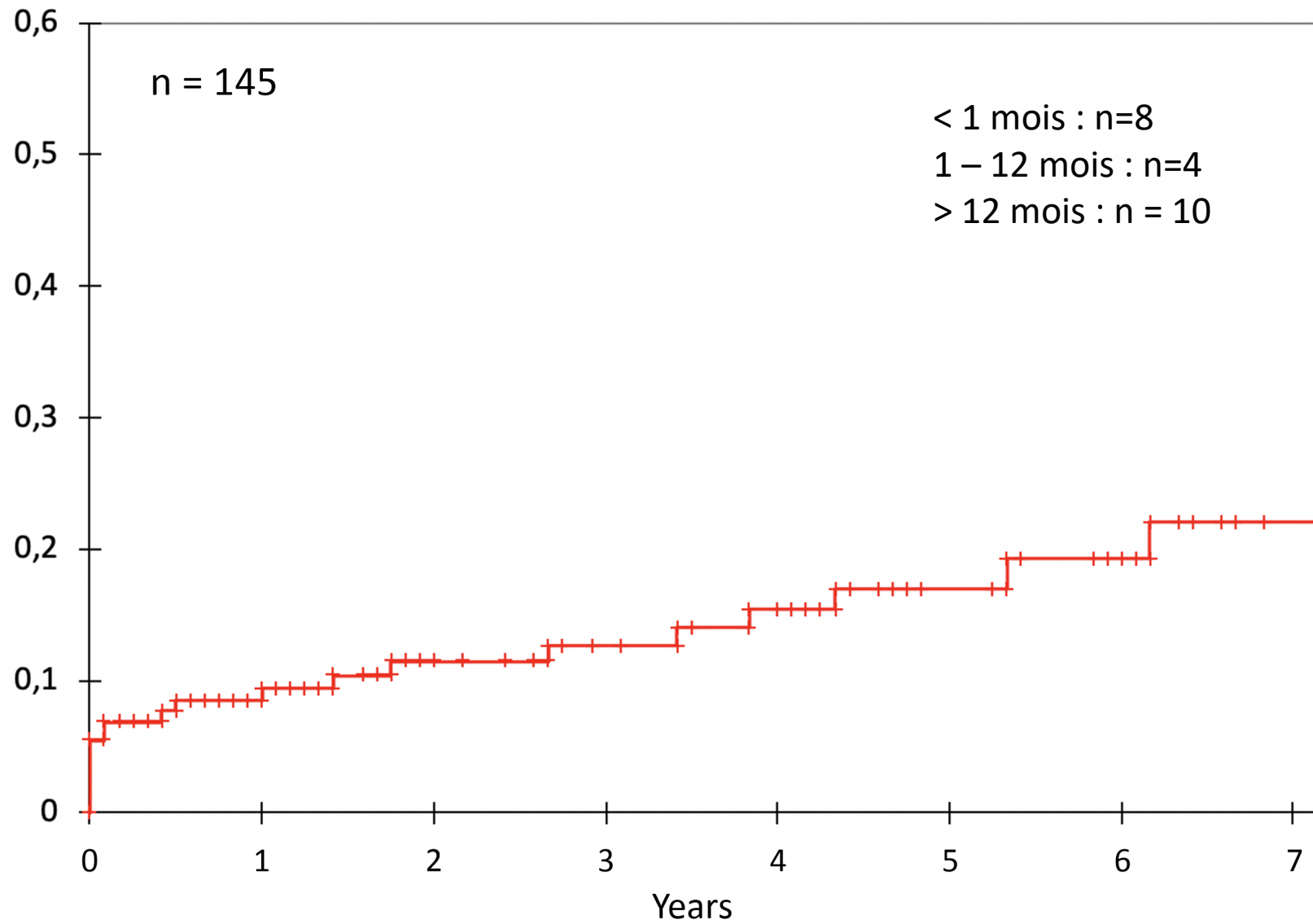
COHORTE MONDORRIENNE DAI ET AMYLOSE AL

- **Inclusion** : DAI + Amylose AL (Nov 2014 – Mars 2024)
- **Exclusion** : 1 patient perdu de vue < 6 mois
- **145 patients**
- Age moyen 63,4 ± 9,2 ans
- 64% Homme
- Prévention primaire 100%
- 18 (81,4%) DR
 - dont 2 échecs CRT
- 26 (17,9%) CRT
- 1 (0,7%) VR

Critère primaire

- **Incidence cumulée 1ère thérapie appropriée**
 - **Risque compétitif** : décès
 - **Censure** : perdu de vue (n = 9), transplantation (n = 10), explantation définitive (n = 3)
- **Suivi médian** : 14,9 mois (IQR 4,2 - 51,9)
- **22 patients (15,2%)** ont présenté au moins 1 thérapie appropriée

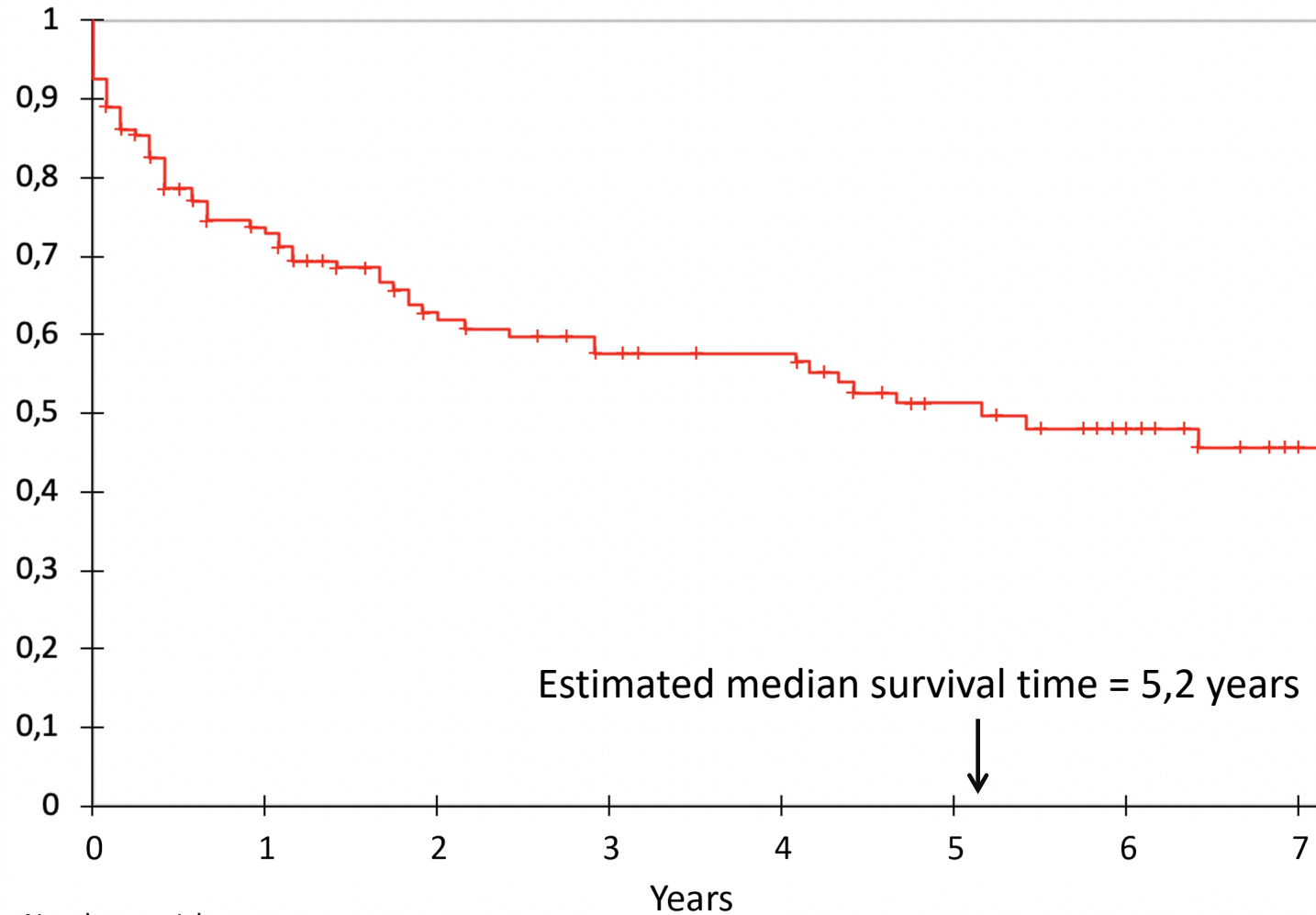
Cumulative incidence of first appropriate ICD therapy



Thérapies

- 37 thérapies chez 22 patients
- 5 patients (3,5%) avec > 1 thérapie
- 10 FV/TV > 220 bpm (8 patients)
- 20 TV < 220 bpm
- 7 TV de cycle inconnu
- 3 « orages rythmiques »
- 13 CEI (35%)
 - 10 efficaces
 - 2 FV non réduites
 - 1 DEM

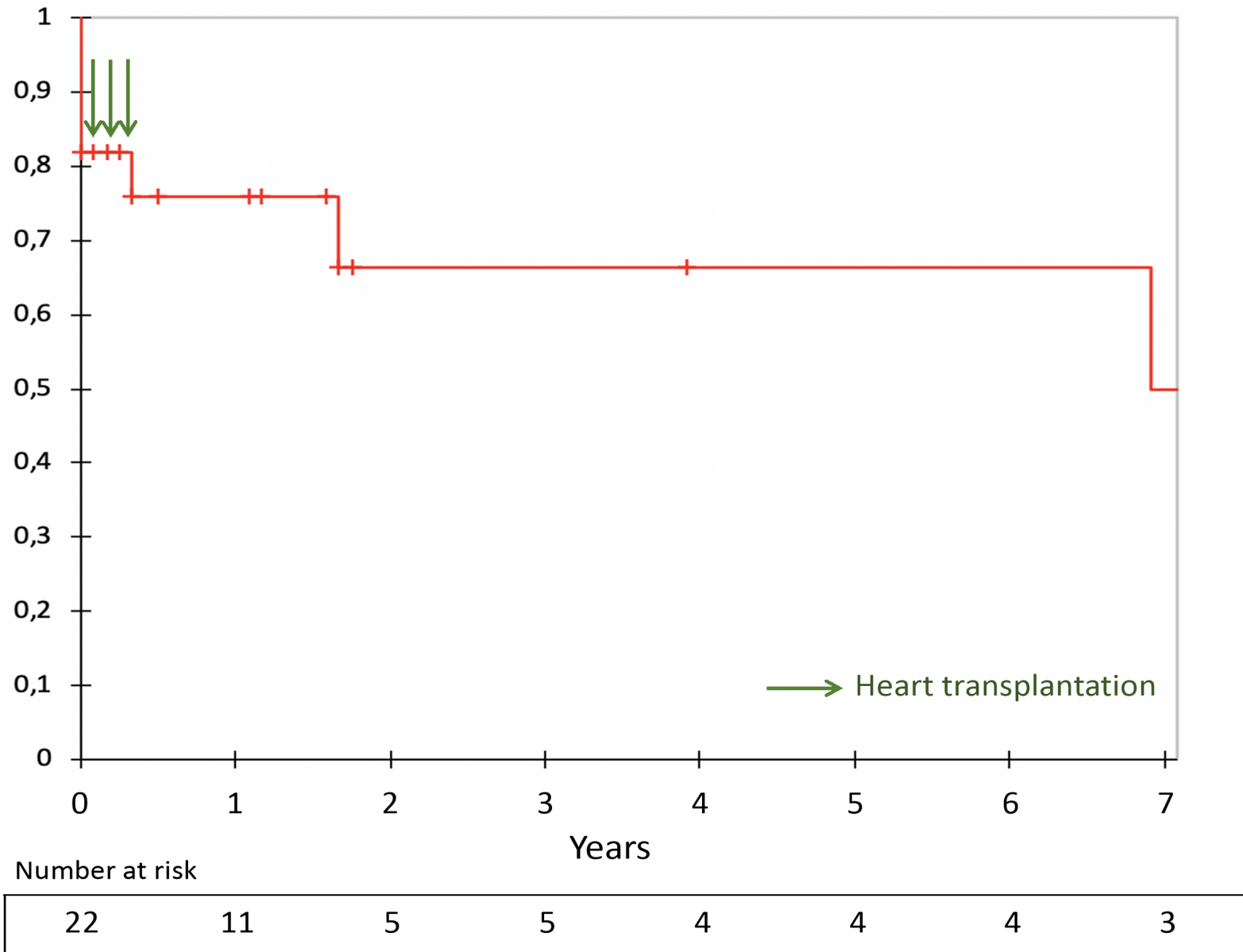
Kaplan-Meier curve of survival in AL-CA patients with ICD



Number at risk

145	87	64	53	50	33	25	13
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Kaplan-Meier curve of survival after first appropriate ICD therapy



Limites

- Rétrospectif, recueil sur compte-rendu avant télésuivi
 - Risque de sous-estimation des thérapies
- Certaines morts subites extra-hospitalières inexplicées
- Pas de groupe contrôle
- Thérapie = pas nécessairement mort subite avortée
 - Impact sur mortalité?
- Evolution des chimiothérapies et programmation DAI sur 10 ans?
- Monocentrique

DAI

- Prévention primaire (FEVG < 35%) + espérance de vie > 1 an
- Prévention primaire (FEVG > 35% et critères de gravité à l'appréciation du cardiologue prescripteur : troponine élevée, nt-pro BNP élevé, altération sévère du SGL, histoire de syncope inexpliquée, épisodes de TVNS...) + espérance de vie > 1 an
- Amylose AL traitée par chimiothérapie et considéré comme à risque de mort subite par le prescripteur (Europe Staging IIIA)

LIFE vest

- Amylose AL traitée par chimiothérapie (Eur Staging IIIb) ou AL avec atteinte cutanée hors remboursement

Take Home Messages

- La mort subite n'est pas le mode de DC principal au cours de l'amylose mais représente environ 20% des DC
- Ce taux semble plus élevé au cours des amyloses AL vs. TTR
- La FEVG semble moins stratifiante de ce risque/ autres cardiopathies (ne pas implanter trop tardivement++, espérance de vie > 1 an)
- Taux de thérapies appropriées assez élevés environ 15-30% /an surtout chez les AL
- Facteurs de mort subite à définir: strain, VG, TVNS, syncope, fibrose IRM?
- Effet des thérapies de la maladie elle-même?



MERCI DE VOTRE ATTENTION!!

